

CONTENTS

2008 Organising Committee	pg2
Foreword	pg3
Welcome Messages	pg4 - pg8
Programme at a Glance	pg9
Scientific Programme Day One	pg10 - pg11
Scientific Programme Day Two	pg12 - pg13
Scientific Programme Day Three	pg13 - pg14
Pre-conference Workshops	pg15
Public Forum/Workshop Synopsis	pg16 - pg18
Venue and Hotel Information	pg19
Registration Form	pg20
Call for Abstracts	pg21
About Singapore/Essential Information	pg22 - pg25
Acknowledgements	pg26

The Third Japan-ASEAN Men's Health Conference 2008

Organising Committee

Organised by:

Society for Men's Health (Singapore)
Singapore Urological Association
International College of Surgeons

Sponsored by:

Ministry of Health, Singapore

Supported by:

Andrology Forum of India
Changi General Hospital
Society of the Study of Andrology and Sexology of Singapore
Society for Continence (Singapore)
Taiwan Society for Aesthetic Medicine
The Taiwan Academy of Anti- Aging Medicine
The Society for Healthy Aging Research & Education (The SHARE Group), Hong Kong
University of Queensland, Australia
National University Hospital, Singapore

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Prof. Dato' Dr. Tan Hui Meng

International Advisor

Prof. Mikio Namiki

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Prof. Apichat Kongkhanand
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Public Forum Committee

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Foreword



Men's health is commonly referred to in present day writing as an emerging discipline. This is somewhat paradoxical as the health status and development of a population should be that of women, children and men *pari passu*.

Health indicators for men in Singapore and elsewhere would seem to suggest a disadvantage for men. There is wide acceptance that such poorer statistics for men cannot be accounted for by biological factors alone and the psychosocial make-up of men and their environment are relevant factors to consider. The theme of the Conference is "The New Age Man". Issues that impact men in the present age shall be explored in the Conference because an appreciation of these issues shall provide the foundation on which men shall enter the new age.

As in other developed countries, the focus of health promotion in Singapore is now on the major noncommunicable diseases such as cancer, coronary heart diseases, strokes, diabetes, hypertension and injuries. Furthermore, having one of the fastest aging populations in Asia and with increased life expectancy, it is imperative that effort be made to contain these ailments to limit the morbidity and disability that are more common among the elderly. Issues such as the metabolic syndrome and how other chronic diseases affect men will be discussed because these are a cause of premature death in men as well as of disability among them. Other health problems pertinent to men such as ejaculatory disorders, prostate health and male urological cancers will also be updated.

Psychosocial issues impact patterns of disease and death rates. This is increasingly recognised. Such is of particular relevance with regards to men. While the environment in which they grew up in, study, work and play impact their health, there are health problems which are associated with their behaviour. This in turn determines the health risks that men face and also their attitudes to health and healthcare.

Men enter old age carrying with them the damage - if one may call it that - which is a consequence of inattention to health in youth. Consequently, there is a concern over funds needed to pay for their health care in old age as well as that of their partners who may have some illnesses themselves. The financial health of the aging man will be discussed in the meeting.

Attention to men's health does not mean neglecting women and child health issues. As breadwinners and fathers, premature deaths of men have left behind widows and orphans. Often they are not well provided for because of the very possible but sadly unexpected death of the man in the family. Besides, women are often the carers of sick men and this burden does impact the quality of life of women. Therefore, it is to the interest of all that men's health be improved. In respect of this, women's perspectives of men's health shall be presented.

The approach to men's health needs to be holistic not only embracing medical and social science but also policy. No less important than policy is education, for knowledge will provide a rational basis to build strategies to solve problems. The conference will thus look at education of health personnel in men's health through structured training.

This Conference taps on the expertise of local doctors to present their experience. Populations in neighbouring countries are also important because of cultural and economic links and experts from these countries will add to the breadth and depth of the issues to be discussed.

At the conclusion of the Congress, it is hoped that men's health would have taken yet another step forward.

A handwritten signature in black ink that reads "SHTeoh".

DR SENG HIN TEOH
Co-Chairman, Scientific Committee

Message from Founding Presidents & Advisors of the Third Japan-ASEAN Men's Health Conference 2008

It gives us great pleasure to welcome you to The Third Japan-ASEAN Men's Health & Aging Conference. With the success of our inaugural Conference held in Malaysia in 2005, we are pleased to announce that this year you will be expecting to attend a Conference staged on an international front.

Many countries in the ASEAN region, including Japan, are currently facing serious problems in dealing with the rocketing numbers of their graying population. This problem will be further aggravated when the country is not yet ready to properly accommodate an aging population. Hence, it is paramount for ASEAN countries to start preparing all the necessary facilities, lest it becomes a huge burden, both for the government as well as society in general.

Recent advances in medical technology and socioeconomic conditions have raised the life expectancy of men from a regional average of 65 years to between 70 years and 80 years of age. The United Nations projects by 2050, the proportion of people above 60 will exceed for the first time the proportion of children below 15 years of age, and 13 countries will have proportions greater than 10 percent of the most elderly (aged above 80) in their population. Southeast Asia will not be spared from this phenomenon.

At this Conference, we will not only pursue further our discussion revolving men's health issues, we will also attempt to look at how men's health and aging issues are managed in ASEAN, especially Japan – a country whose population has the longest life expectancy in the world. I am confident that this Conference is expected to be interesting, and delegates will gain a lot from the Japanese experience in men's health and aging.

The scientific programme has been designed to cover a well-rounded range of topics. The series of plenary lectures and symposia will give us a comprehensive look at the experience of our peers, providing an insight into the best of current research in the field. We will have with us an international faculty of experts to lead discussions, share knowledge and experiences, as well as provide varied perspectives in particular from ASEAN and Japan.

This Conference will offer an outstanding and tremendously promising platform for the exchange of knowledge and information, but also provide a closer cultural and social understanding between Japan and the ASEAN countries. Internationally acclaimed speakers from all parts of the world have been invited to deliver these prestigious lectures, or to participate and lead in these special symposia and workshops.

Last but not least, this Conference, we believe, will be a good opportunity to network among colleagues in the region and around the world. It is indeed a splendid experience to have you as part of this global learning initiative, especially in this contemporary field of Men's Health and Aging.

We look forward to meeting each and every one of you at the Conference.



A handwritten signature in black ink, appearing to read 'Tan Hui Meng'.

PROFESSOR DATO' DR TAN HUI MENG
Chairman



A handwritten signature in black ink, appearing to read 'Akihiro Okuyama'.

PROFESSOR AKIHIKO OKUYAMA
Founding President/Advisor

Message from the Ambassador



Dear Registrant from Japan and ASEAN member countries,

My Heartiest Congratulations to the organizers of this very important event!

I would also like to extend a warm welcome to all Japanese and ASEAN participants of the JAPAN-ASEAN CONGRESS ON MEN'S HEALTH 28-29 NOV – 3 DEC 2008, a medical congress targeted at the increasingly important realm of Men's Health.

The challenges and issues posed by men's health is a looming problem in Japan and other rapidly developing regions of Asia especially among ASEAN member countries.

Women's health is fairly well developed and women are particularly well looked after in our current well-women clinical services.

Whereas for men, there are less well developed services as their medical problems differ from that of women in many ways.

Current medical treatments are more "disease targeted" and fail to understand that very different approaches of preventive and therapeutic solutions are needed to deal with manifestation in men.

With the increasing number (the increasing economic and social burden) of men living longer in Japan, and I understand, also in Singapore, as well as other fast developing ASEAN countries, this Congress is timely for Japan-Asean cooperation in terms of information-sharing and cross-country training.

The added JAPANESE MEDICAL EQUIPMENT, MEDICINES AND HEALTHCARE PRODUCTS EXHIBITION held in conjunction with this JAPAN-ASEAN CONGRESS is partly to promote medical cooperation between Japan and Singapore.

It is also to promote Japanese medical products and services to participating Singapore and ASEAN medical caregivers, policy makers and doctors.

The exhibition will showcase Japanese excellence in the medical field and will provide potential business opportunities to the budding healthcare industry in ASEAN and Asia.

I would strongly encourage Japanese and doctors from the ASEAN and pharmaceutical supplies manufacturers to take part in this bold cooperative venture between our nations to improve the health of men in this part of the world!

Welcome to Singapore!

Ambassador Makoto Yamanaka (Singapore)

Message from Congress President



On behalf of my Committee I would like to take this opportunity to welcome all of you to The Third Japan-ASEAN Men's Health & Aging Conference - an extravaganza on the latest updates on the issues pertaining to men's health.

The Institute for Men's Health (Singapore) - a subsidiary of the Society for Men's Health (Singapore) will be launched during this Congress to provide training, education and the development of initiatives and guidelines for medical practitioners, nurses, allied health care counsellors, educators and teachers in schools, colleges, and universities in this region. Additionally, university accredited certificate courses, diplomas and even masters degrees will be offered by this Institute for various grades of allied health care workers or educators. Upon accreditation, holders of these qualifications can apply for Associate Membership, Membership, Diplomate Membership or the Fellowship of the Institute based on different levels of qualification.

In particular our ASEAN and Japanese experiences and successful approaches to managing the Aging Male, the prevention of Degenerative Diseases and Cardiovascular Diseases, Cancers in Men, Andrology, Erectile Dysfunction, the Metabolic Syndrome, the practice of Positive Aging, the Endocrinology of Aging, Male Infertility, implications of Cosmetic Surgery for men and the Economics of looking after the aging male by health care providers in Asia will be addressed.

I am glad to note that we have received wholehearted support for our Congress from the Ministry of Health, Singapore; International College of Surgeons, Indian Andrology Forum, The Society of the Study of Andrology and Sexology of Singapore, The Society for Healthy Aging Research & Education (the SHARE Group), Hong Kong; The Taiwan Society for Anti-Aging Medicine, and many more.

In closing, I would also like to urge you to take time off to taste the sights and sounds of Singapore, and if time permits, famous tourist spots in Singapore.

With that, I wish you all a great time in Singapore.

A handwritten signature in black ink, which appears to read "Lim H C Lim". The signature is written in a cursive style and is positioned above the printed name.

PROFESSOR PETER H C LIM
Congress President

Message from President of Singapore Urological Association



Dear Medical Colleague

In recent years, the increase in spending on “wellness” programmes, health spas, aesthetic medicine and the like has risen at three times the rate of traditional medical expenditure in Europe. This trend is likely to be repeated in Singapore. Why?

The answer lies in the accountant’s definition of health – “Good health is the one before the zeros; remove the one and all you have is zero”. Affluence cannot be fully enjoyed without good health. Therefore as societies grow in affluence, people will seek solutions, however transient, which enhance their sense of physical and psychological well-being.

This is a remarkable opportunity for the medical profession to practice preventive medicine. Neither innovation nor increased capacity of medical services can match the explosive increase of many potentially preventable diseases. What better way to utilize limited health care resources than to prevent disease? Rather than ponder whether this is a legitimate arena for practitioners of the healing arts, we should grasp this opportunity to practice opportunistic screening and preventive medicine to ensure, through our much deeper knowledge of medicine that the healthy complexion of a patient is more than skin deep.

This conference, conducted by experts from many different fields, will bring you up to speed on important advances in Male Wellness. Can you afford to miss it? I think not.

Looking forward to meeting you,

A handwritten signature in black ink that reads "E Kesavan". The signature is fluid and cursive.

**E Kesavan FRCSEd FRCSG FAMS(Urol) MD
President
Singapore Urological Association**

Message from World President-Elect of the International College of Surgeons



It is with great pleasure that I write this message on behalf of the International College of Surgeons, a world body of surgeons from over 100 countries distributed worldwide, including United States, India, Philippines, Japan, Australia, Europe and Singapore, to name a few. It is very timely to have such a Conference on Men's Health and Aging as it is now common knowledge that the male is living longer and the population in many countries is greying further.

The educational value of this Conference looks superlative, judging from the wide range of varying pertinent topics, which will be presented during the meeting. The Conference will be of tremendous value for both the medical and allied professions as well as the general public. Prof. Peter Lim and his Organising Committee are to be congratulated for the development of such an excellent Conference. As World President Elect of the International College of Surgeons, I wish this Conference every success.

A handwritten signature in black ink, appearing to read 'C. Chen', with a horizontal line underneath.

PROF. CHRISTOPHER CHEN
World President-Elect
International College of Surgeons

Programme at a Glance

29 November	30 November	1 December	2 December	3 December
07:00-08:00 Registration	07:00-08:00 Registration	07:00-08:00 Registration	07:00-08:00 Registration	07:00-08:00 Registration
09:00-17:00 Pre-conference Workshops Changi General Hospital, Singapore	09:00-17:00 Pre-conference Workshops Changi General Hospital, Singapore	08:00-12:15 Opening Ceremony Keynote Speech Plenary Lectures	08:00-12:45 Plenary Lectures Symposia	08:00-12:00 Plenary Lectures Symposia
		12:15-13:45 Lunch Symposium	12:45-14:15 Lunch Symposium	12:00-13:30 Lunch Symposium
13:30-17:00 Public Forum Tan Tock Seng Hospital, Singapore		13:45-18:00 Plenary Lectures Symposia	14:15-16:30 Plenary Lectures Symposia	13:30-16:00 Plenary Lectures Symposia
		18:15-21:30 Evening City Tour	19:00-22:00 Congress Dinner	

Pre-conference Workshops (Venue: Changi General Hospital except for Workshop 5, 6 & 9)

29th Nov (Saturday)	Workshop 2
09:00 – 17:00	Advanced Implant Reconstructive Dentistry in the Aesthetic Zone <i>Chairperson:</i> <i>Dr. Wong Keng Mun</i>
	Workshop 4
09:00 – 17:00	Andrology Workshop – Certificate Course in Medical and Surgical Andrology <i>Chairperson:</i> <i>Dr. Vasan SS, President, Andrology Forum of India</i>
09:00 – 17:00	Workshop 5
	Faecal Incontinence Workshop (Venue: National University Hospital Auditorium) <i>Chairperson:</i> <i>Dr. Jennifer Liauw Joo Yen, Consultant Colorectal Surgeon, Department of Colorectal Surgery, National University Hospital</i>

30th Nov (Sunday)	Workshop 6
09:00 – 17:00	Semenology Workshop (Venue: Annexe Block Gleneagles Hospital, Christopher Chen Centre for Reproductive Medicine, #04-38) <i>Chairperson:</i> <i>Dr. Suresh Katera, Embryologist</i>
	Workshop 8 (Sponsored by Pfizer Singapore)
09:00 – 17:00	Sexual Counseling Workshop <i>Chairpersons:</i> <i>Dr. Ng Kok Kit, Consultant, Department of Urology, General Changi Hospital</i> <i>Dr. Tan Bin Seng, Chairman, Sub-Committee, Planned Parenthood Association of Singapore</i>
	Workshop 9
09:00 – 17:00	Urodynamics & Urinary Incontinence Workshop (Venue: National University Hospital Auditorium) <i>Chairperson:</i> <i>Dr. David Consigliere, Consultant Urologist, National University Hospital, Singapore</i>

Public Forum and Exhibition

28th - 29th Nov (Friday - Saturday)	Public Exhibition (Venue: Tan Tock Seng Hospital Atrium)
10:00 – 18:00	An Exhibition of products and services related to Men's Health
29th (Saturday)	Public Forum (Venue: Tan Tock Seng Hospital, Conference Room 1 & 2)
13:30 – 17:00	<p>Supplementation and Health <i>Chairpersons:</i> <ul style="list-style-type: none"> • <i>Dr Heng Chin Tiong</i> </p> <p>Synopsis The objective of this forum is to address issues that revolve around sexual wellness in aging men and women.</p> <ul style="list-style-type: none"> • Sexual problems of aging male • Female sexual wellness around menopause • Sexual counseling: Is it necessary? <p>Topics:</p> <ol style="list-style-type: none"> 1) A man's obsession: pills to make me more powerful - Supplementation for men <i>Speaker: Dr Gan Tek Kah</i> <i>Singapore Men's Health Clinic</i> 2) It's tough being a woman, how do I smoothen the journey? - Supplementation for women <i>Speaker: Dr Teoh Seng Hin</i> <i>SH Teoh Clinic & Surgery for Women</i> 3) Avoiding the dreaded big "C" - Supplementation and cancer prevention <i>Speaker: Dr Ng Chee Kwan</i> <i>Urology Dept, Tan Tock Seng Hospital</i> 4) Love trek: the next generation - Supplementation in fertility problems <i>Speaker: Dr Peter Chew</i> <i>Peter Chew Clinic for Women, Gleneagles Hospital</i> 5) Beauty In A Bottle - Enhancing your looks with supplements! <i>Speaker: Dr Lam Bee Lan</i> <i>Society of Aesthetic Medicine</i>

Congress Social Activities

Speaker's Night: Sunday, 30th November

Singapore Night Tour: Monday, 1st December
Night Tour is chargeable, please sign up at the tour desk on-site.

Congress Dinner: Tuesday, 2nd December
Congress Dinner is chargeable at S\$120 per pax / S\$999 per table of 10pax. Ticket can be purchased on-site.

Workshop Synopsis

Workshop 2: Advanced Implant Reconstructive Dentistry in the Aesthetic Zone

Chairperson: Dr. Wong Keng Mun

Venue: Changi General Hospital

Date: 29 Nov 2008, Saturday

The objective of this Workshop is to offer practitioners a broadbased view of the recent principals of advanced implant reconstructive dentistry.

You will find in this workshop:

Part 1: (Lecture)

Patients with severe wear present a challenge for dental practitioners. This workshop will focus on all elements of treatment planning, diagnosis and treatment of patients with wear. The use of dental implants in patients with bruxism and parafunctional habits will also be discussed.

Participants will learn:

- What is a safe occlusion?
- How to know when to alter vertical dimension in wear patient?
- What type of appliances to use for wear patients?
- The use of dental implants in wear patients
- Can we immediate load implants for wear patients?

Part 2: (Clinical demonstration)

“Live” demonstration of implant surgery

- Mastering the use of aesthetic principals
- Rebuilding the aesthetic zone, both aesthetically and functionally, using advanced aesthetic implant concept

This course is designed for practitioners who further explore the fields of aesthetic implant supported reconstruction and the integration of new-age materials.

Programme details to be advised.

Workshop 4: Andrology Workshop – Certificate Course in Medical and Surgical Andrology

Chairperson: Dr. S S Vasan, President, Andrology Forum of India

Venue: Changi General Hospital

Date: 29 Nov 2008, Saturday

The objective of the Workshop is to present an overview of the clinical factors operating in the infertile male.

You will find in this workshop:

- Recent advances in Andrology
- Current standards for semen function test
- Details of advanced sperm function test
- Endocrine evaluation and options in therapy
- Management of obstructive Azoospermia
- Ejaculatory disturbances and fertility
- Possibilities and limitations in drug therapy in male sub-fertility
- Sperm donation, preservation and processing

This workshop is designed for medical professionals who are interested in the development in the area of Andrology.

Program

09:00 – 09:05	Introduction to the Workshop - Overview - Objectives of the workshop - Acknowledgements to PLHC
09:05 – 09:50	Sub-fertile Male - Current concepts in Semenology - What the Semen Analysis will not reveal - A.R.T. - Whom to chose, and Why

09:50 – 10:05	Endocrinology of Infertility
10:05 – 10:35	Oligoasthenospermia – Teratospermia - Varicocele treatment – new questions - Fertility drugs – Boon, or Bane?
10:35 – 10:50	Discussion
10:50 – 11:05	Coffee Break
11:05 – 12:30	Management of Azoospermia - Obstructive Azoospermia - Aetiology, Diagnostic algorithm - Non obstructive azoospermia - Aetiology, Diagnostic algorithm - Role of TRUS in infertility - Videos on TRUS in infertility: – Ejaculatory duct incision – Vaso-epididymostomy – Vaso-vasostomy – Sperm retrieval techniques: TESE/TESA/MESA/PESA
12:30 – 12:55	Ejaculatory Disturbances and Fertility - Ejaculatory dysfunction - Aetiology, Diagnosis - Fertility solutions in Retrograde Ejaculation - LUNCH
12:55 – 13:10	Discussion
13:10 - 13:45	Lunch
13:45 – 14:20	- Fertility solutions in Anejaculatory states - Video on Electroejaculation - External and Internal factors causing infertility
14:20 – 15:15	Erectile Dysfunction - ED - Some new insights & thoughts - Pharmacotherapy - Managing refractory ED - Penile colour-doppler sonography for ED
15:15 – 15:30	Discussion
15:30 – 15:45	Coffee Break
15:45 – 17:10	ED - Advances and Recent Developments - Peyronie's disease - What's new - Penile prostheses - Penile augmentation - New insights - Penile surgery - Tips and Tricks - Video: A new technique of vaso-epididymostomy
17:10 – 17:20	Feedback and Conclusion - Discussion

Workshop 5: Faecal Incontinence Workshop

Chairperson: Dr. Jennifer Liauw Joo Yen, Consultant Colorectal Surgeon, Department of Colorectal Surgery, National University Hospital

Venue: National University Hospital, Auditorium

Date: 29 Nov 2008, Saturday

You will find in this workshop:

- General overview
 - Normal anatomy and physiology of bowel function
 - Pathophysiology of constipation and faecal incontinence
 - Clinical assessment and investigation of faecal incontinence
 - Assessment of constipation
- Conservative treatment of constipation and faecal incontinence
 - Drug treatment for faecal incontinence
 - Dietary influences in the management of faecal incontinence and constipation
 - Biofeedback in faecal incontinence and constipation
 - Pelvic floor exercises
- Surgical treatment of faecal incontinence and constipation and pelvic organ prolapse
 - Surgical treatment for faecal incontinence
 - Surgical treatment for constipation
 - Pelvic organ prolapse
 - Management of rectocele
- Specialist panel case discussion and Q and A

Program

08:00 – 09:00	Registration
09:00 – 09:30	Anatomy physiology of Normal Bowel Function <i>Dr Jennifer Liauw, Consultant Colorectal Surgeon, NUH</i>
09:30 – 10:00	Functional Bowel Disorders and their pathological basis <i>Dr Wong Kutt Sing, Consultant Colorectal Surgeon, NUH</i>
10:00 – 10:30	Clinical Evaluation of Patients and Functional bowel disorders <i>Dr Cheong Wai Kit, Consultant colorectal surgeon, NUH</i> - faecal incontinence - constipation - rectal prolapse - rectocele
10:30 – 10:50	Morning Break
10:50 – 11:20	Investigation Modalities <i>Dr Aileen Seah, Consultant Colorectal Surgeon, NUH</i>
11:20 – 11:50	Drug treatments for faecal incontinence and constipation (TBC)
11:50 – 12:20	Dietary influences in the management of faecal incontinence and constipation <i>Ms G Wong, Dietitian-AH</i>
12:20 – 12:50	Biofeedback and pelvic floor exercises in the management of functional bowel disorders <i>Cammy Tsai, NUH Physiotherapist</i>
12:50 – 13:50	Lunch Break
13:50 – 14:20	Psychological aspects of bowel care <i>Sister Aziza, Jumiyah nursing home</i>
14:20 – 15:00	Surgical management of faecal incontinence <i>A/Prof Charles Tsang-Cocorecal Surgeon, NUH</i>
15:00 – 15:30	Colorectal surgical approach to the management of constipation, rectal prolapse and rectocele repair <i>A/Prof Dean Koh-Colorectal surgeon, NUH</i>
15:30 – 16:00	Gynaecological approach to the management of rectocele and pelvic organ prolapse <i>Dr James Lee-Consultant Gynaecologist, NUH</i>
16:00 – 16:15	Tea Break
16:15 – 17:20	Case Studies presentation and interactive discussion with expert panel
17:20 – 17:30	Closing Remarks

Workshop 6: Semenology Workshop

Chairperson: Dr. Suresh Katera, Embryologist

Venue: Annexe Block Gleneagles Hospital, Christopher Chen Centre for Reproductive Medicine, #04-38

Date: 30 Nov 2008, Sunday

You will find in this workshop:

- Lecture- Introduction to semen analysis; importance of strict assessment of sperm morphology
- Demonstration of comprehensive semen analysis
- Hands-on session for participants
- Lecture-The value of sperm function tests in predicting the fertilizing ability of spermatozoa
- Demonstration of sperm function tests
- Sperm Mar test for antisperm antibodies
- Sperm survival test-fertilizing ability of spermatozoa
- Hyaluronon binding assay- for sperm maturity
- Sperm chromatin assay- sperm DNA fragmentation

Infertility affects almost 20% of the population and the incidence is increasing with modern lifestyle. About 40% of all infertility cases, the cause is attributed to a factor in the male and in an additional 30% of cases the cause is attributed to both male and female factors.

Conventional semen analysis is the fundamental indicator of male infertility and still remains the Gold standard. In the late eighties, Kruger introduced strict sperm morphology assessment, which predicted fertilization outcome during IVF. Since then, several tests have been developed to assess sperm function and most of them are not routinely employed. With the introduction of ICSI in early nineties, majority of male infertility has been overcome. However, about 2/3rd of the embryos undergo either pre-implantation or post-implantation mortality which is due to both oocytes and spermatozoa.

Recently, two assays have been developed to assess sperm quality. One is Hyaluronon Binding Assay, which assesses the maturity and function of spermatozoa; the second is Sperm Chromatin Dispersion Test, which detects sperm DNA fragmentation. It has been observed recently that DNA fragmentation occurs in a higher percentage of infertile men particularly in varicocele patients. Oocytes fertilized by DNA fragmented spermatozoa have been shown to result in developmental arrest and fragmentation of embryos.

The semenology workshop includes lectures, demonstrations and hands-on session. During the Semenology wet workshop, we will demonstrate strict method of sperm morphology assessment, Hyaluronon binding assay and Chromatin dispersion test. In addition we will also demonstrate comprehensive semen analysis, Sperm Mar test for antisperm antibodies and also semen freezing. Participants will have the opportunity to practice some of these tests.

Program

09:00	Lecture- Introduction to semen analysis; importance of strict assessment of sperm morphology
09:30	Demonstration of comprehensive semen analysis and semen freezing and simple swim-up method for IUI.
10:30 – 12:30	Hands-on session for participants - Each participant will be provided with samples and materials to perform semen analysis. Semen freezing and sperm swim-up.
12:30	Lunch
14:00	Lecture-The value of sperm function tests in predicting the fertilizing ability of spermatozoa
14:30 – 16:30	Demonstration of sperm function tests a) Sperm Mar test for antisperm antibodies b) Sperm survival test-fertilizing ability of spermatozoa c) Hyaluronon binding assay- for sperm maturity d) Sperm chromatin assay- sperm DNA fragmentation
16:30 – 17:00	Discussion

Workshop 8: Sexual Counseling Workshop

Chairpersons: Dr. Ng Kok Kit, Consultant, Department of Urology, General Changi Hospital
Dr. Tan Bin Seng, Chairman, Sub-Committee, Planned Parenthood Association of Singapore

Venue: Changi General Hospital

Date: 30 Nov 2008, Sunday

You will find in this workshop:

- Introduction to Sexual Dysfunction Counselling
- Prevalence of ED and Sexual Disorders in Singapore
- Erectile dysfunction – PDE5 inhibitors and more
- Testosterone and sex – is that all there is?
- Sex and the teens – adolescent sexual counseling
- Out of the closet – homosexuality and lesbianism
- Female Sexual Dysfunction
- Sex and the elderly – sexual health enhancement in senior citizens
- Secrets of the trade – sexual counseling techniques for adult couples
- Too fast, too little – premature ejaculation and retarded ejaculation
- Sexual counseling workshops – break out groups and play acting
- Painful intercourse – treatment of vaginismus
- Psychiatric disorders and sexuality

Program

09:00 – 09:20	Introduction to Sexual Dysfunction Counselling - <i>Prof Calvin Fones</i>
09:20 – 09:40	Prevalence of ED and Sexual Disorders in Singapore - <i>Prof G Adaikan</i>
09:40 – 10:00	Erectile dysfunction – PDE5 inhibitors and more - <i>Dr Jimmy Beng</i>
10:00 – 10:20	Why men buy sex - <i>Prof Peter Lim</i>
10:20 – 10:40	Tea Break
10:40 – 11:00	Video Session – How to have better sex - <i>Dr Tan Bin Seng</i>
11:00 – 11:20	Venogenic ED – does testosterone help? - <i>Prof Traish</i>
11:20 – 11:40	Hormone replacement therapy for man – pitfalls and dangers - <i>Prof Traish</i>
11:40 – 12:00	Psychiatric disorders and sexuality - <i>Dr Ang Yong Guan</i>
12:00 – 13:00	Lunch
13:00 – 13:20	Video Session – Performance Anxiety - <i>Mr John Vijayan</i>
13:20 – 13:40	Ouch! – Injection therapy for ED - <i>Ms Carolyn Earle</i>
13:40 – 14:00	Left to his own devices – vacuum device therapy for men - <i>Ms Carolyn Earle</i>
14:00 – 14:20	Tonic for sex – the role of traditional chinese medicine - <i>Dr Swee Yong Peng</i>
14:20 – 14:40	Tea Break
14:40 – 15:00	Out of the closet – homosexuality and lesbianism - <i>Dr Brian Yeo</i>
15:00 – 15:20	Sex and the teens – adolescent sexual counseling - <i>Dr Brian Yeo</i>
15:20 – 15:40	Too fast, too little – premature ejaculation and retarded ejaculation - <i>Dr Lim Kok Bin</i>
15:40 – 16:00	When life throws a curve ball – Peyronie's disease and its treatment - <i>Dr Lim Kok Bin</i>
16:00 – 16:20	Female Sexual Dysfunction - <i>Dr Jothi Kumar</i>
16:20 – 16:40	Painful intercourse – treatment of vaginismus - <i>Dr Jothi Kumar</i>
16:40 – 17:00	Managing intersex - <i>Prof Louis Gooren</i>

Each speaker will have 15 minutes to speak with 5 minutes of Q & A.

Workshop 9: Urodynamics & Urinary Incontinence Workshop

Chairperson: Dr. David Consigliere, Consultant Urologist, National University Hospital, Singapore

Venue: National University Hospital, Auditorium

Date: 30 Nov 2008, Sunday

You will find in this workshop:

- Functional anatomy and innervation of the urinary tract
- Urodynamics- when and how I do it
- The role of the Urology nurse in the continence programme
- Do males have pelvic floor problems?
- Botox in males?
- Current therapeutic options for male urinary incontinence
- Hands-on UDS/ catheterization sessions

Program

08:00 – 08:30	Registration
08:30 – 08:45	Welcome Address
08:45 – 09:15	Functional Anatomy and Innervation of the Urinary Tract <i>A/Prof Ajay K Singla, USA</i>
09:15 – 09:45	Urodynamics – When and how I do it? <i>Dr Pearllyn Quek, Singapore</i>
09:45 – 10:15	The Role of the Urology Nurse in the Continence Programme <i>NO Tay Lee Hua, Singapore</i>
10:15 – 10:30	Q & A
10:30 – 11:00	Coffee Break
11:00 – 11:30	Do Males have Pelvic Floor Problems? <i>Dr Ho Siew Hong, Singapore</i>
11:30 – 12:00	Botox in male Patients <i>A/Prof Ajay Singla, USA</i>
12:00 – 12:30	Current Therapeutic Options for Male Urinary Incontinence <i>Dr Apichart Kongkhanand</i>
12:30 – 13:00	Q & A
13:00 – 14:00	Lunch
14:00 – 17:00	Hands on UDS/Catheterisation Sessions Faculty: Station 1: Dr Siow Woei Yun/A/Prof A Singla Station 2: NO Chia Hwee Huang Station 3: NO King Foong Meng Station 4: NO Jessie Tan Station 5: NO Tay Lee Hua Facilities: 5 UDS machines – provided by Mr Steven Ho – Radiannce Tables for the equipment (NUH) Others: Certificate of attendance

For Workshop updates, please log on to www.MensHealthConference2008.com.

Scientific Programme Day One - 1st December 2008

1st Dec (Monday)			
AM	Plenary 1		
08:00 – 08:30	The State of Men's Health in Singapore <i>Dr Carol Tan-Goh</i> Senior Consultant Geriatrician Ambulatory Geriatric Service, K. K. Women's and Children's Hospital, Singapore Chairperson: Dr Ho Siew Hong		
AM	Plenary 2		
08:30 – 09:00	Metabolic syndrome in Men <i>A/Prof Tai E Shyong</i> The NUS-GIS Centre for Molecular Epidemiology Department of Community, Occupational and Family Medicine National University of Singapore, Singapore Chairpersons: Dr Alex Fok		
08:30 – 11:00	The Great Public Debate on Men's Health <i>Dr Rosie King, A/Prof George Lee, Dr Steve Yap, Dr Woffles Wu</i>		
09:00 – 09:35	Opening Ceremony 09:00 - 09:05 Arrival of Guests 09:05 - 09:10 Welcome Address by Dr Ho Siew Hong, Organising Chairman 09:10 - 09:20 Address by Professor Peter Lim, Congress Chairman, President, International College of Surgeons, Singapore Section, President, Society for Mens Health 09:20 - 09:30 Address by Prof K Satku, Director of Medical Services, Republic of Singapore 09:30 - 09:35 DMS Officiates the Opening of Congress MC: Dr Jimmy Beng		
09:35 – 09:50	Tea Break		
09:50 – 10:15	Keynote Speech - "Men's Health in the New Age - Men's Health – Past, Present & Future" <i>Prof Tan Hui Meng</i> Adjunct Professor University of Malaya Past President of APSSM, Co-Founder of the Japan ASEAN Men's Health and Aging Conference, Malaysia Chairperson: Prof Akihiko Okuyama		
10:15 – 10:45	Special Address - Promotion for Men's Health – Advocacy or Common Sense? <i>Prof Siegfried Meryn</i> President, International Society for Mens Health & Gender, Austria Chairperson: Dr Teoh Seng Hin		
AM	Symposium 1 – Chronic Medical Problems and Men Symposium 2 – Cancers in Men (Sponsored by AstraZeneca Pte Ltd)		
10:45 – 12:15	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> Recent Advances in the Management of Patients with Ischemic Heart Disease <i>A/Prof Mak Koon Hou</i> Consultant Cardiologist Gleneagles Medical Centre, Singapore Obesity and Diabetes Mellitus <i>Dr Tham Kwang Wei</i> Consultant Endocrinologist Director of Obesity Unit Singapore General Hospital, Singapore Testosterone Its not all about Sex <i>Prof Farid Saad</i> Corporate Strategic Marketing Schering AG, Germany Chairpersons: Dr Peter Pan, A/Prof Chirk-Jenn Ng </td> <td style="width: 50%; vertical-align: top;"> Prostate Cancer among Asian Men - Treatment Updates <i>Prof Mikio Namiki</i> President, Japanese Society of Andrology Professor and Chairman, Department of Integrative Cancer Therapy and Urology, Kanazawa University Graduate School of Medical Science, Japan Prostate & Bladder Cancer - Lessons for Living <i>Prof Kesavan Esuvaranathan</i> President, Singapore Urological Association, Singapore Advanced Prostate Cancer in Asia - Updates on Palliative Therapy <i>Dr James Tan</i> Consultant Urologist James Tan Centre for Urology and Robotic Surgery, Singapore Are Cancers More Common in Men? - Epidemiology & Screening <i>Prof Khoo Ee Ming</i> Professor, Department of Primary Care Medicine Faculty of Medicine, University of Malaya, Malaysia Chairpersons: Prof K T Foo, Dr Eitetsu Koh </td> </tr> </table>	Recent Advances in the Management of Patients with Ischemic Heart Disease <i>A/Prof Mak Koon Hou</i> Consultant Cardiologist Gleneagles Medical Centre, Singapore Obesity and Diabetes Mellitus <i>Dr Tham Kwang Wei</i> Consultant Endocrinologist Director of Obesity Unit Singapore General Hospital, Singapore Testosterone Its not all about Sex <i>Prof Farid Saad</i> Corporate Strategic Marketing Schering AG, Germany Chairpersons: Dr Peter Pan, A/Prof Chirk-Jenn Ng	Prostate Cancer among Asian Men - Treatment Updates <i>Prof Mikio Namiki</i> President, Japanese Society of Andrology Professor and Chairman, Department of Integrative Cancer Therapy and Urology, Kanazawa University Graduate School of Medical Science, Japan Prostate & Bladder Cancer - Lessons for Living <i>Prof Kesavan Esuvaranathan</i> President, Singapore Urological Association, Singapore Advanced Prostate Cancer in Asia - Updates on Palliative Therapy <i>Dr James Tan</i> Consultant Urologist James Tan Centre for Urology and Robotic Surgery, Singapore Are Cancers More Common in Men? - Epidemiology & Screening <i>Prof Khoo Ee Ming</i> Professor, Department of Primary Care Medicine Faculty of Medicine, University of Malaya, Malaysia Chairpersons: Prof K T Foo, Dr Eitetsu Koh
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12:15 – 13:45	Lunch Symposium - Erectile Dysfunction, Testosterone, and Underlying Conditions (Sponsored by Bayer Schering Pharma) <i>Prof Farid Saad, Germany</i> <i>Prof Michael Zitzmann, Germany</i> <i>Prof Abdulmaged Traish, USA</i> <i>Prof Aksam Yassin, Germany</i> Chairperson: Dr Rosie King	
PM	Symposium 3: Men and Injuries	Symposium 4: Urological Problems in Men
13:45 – 15:15	<p>Sports Injuries <i>Dr Tan Jee Lim</i> <i>Consultant Orthopaedic Sports Surgeon</i> <i>JL Sports Medicine & Surgery</i> <i>Gleneagles Medical Centre, Singapore</i></p> <p>Non Illness Related Premature Death & Disabilities in Men <i>Prof Goh Lee Gan</i> <i>Senior Consultant</i> <i>Associate Professor of Family Medicine</i> <i>National University of Singapore, Singapore</i></p> <p>Workplace Injuries and Safety <i>Prof Goh Lee Gan</i> <i>Senior Consultant</i> <i>Associate Professor of Family Medicine</i> <i>National University of Singapore, Singapore</i> Chairpersons: Dr Carolyn Earle, Dr Toh Choon Lai</p>	<p>Managing the Aging Prostate <i>Dr Ng Foo Cheong</i> <i>Consultant Urologist</i> <i>Department of Urology</i> <i>Changi General Hospital, Singapore</i></p> <p>Incontinence in Aging Male Incontinence from Overactive Bladder <i>Dr Toh Khai Lee</i> <i>Consultant Urologist</i> <i>Tan Tock Seng Hospital, Singapore</i></p> <p>Incontinence from BPH <i>Dr David Consigliere</i> <i>Consultant Urologist</i> <i>National University Hospital, Singapore</i></p> <p>Post-Surgical Incontinence <i>Prof Apichat Kongkhanand</i> <i>Consultant Urologist</i> <i>Chulalongkorn University, Thailand</i> Chairperson: From SUA</p>
15:15 – 15:30	Tea Break	
PM	Plenary 3	
15:30 – 16:00	Big boy don't cry: What makes a man <i>A/Prof Chirk-Jenn Ng</i> <i>Associate Professor of Primary Care Medicine, Faculty of Medicine</i> <i>University of Malaya, Malaysia</i> Chairpersons: Dr Teoh Seng Hin	
PM	Plenary 4	
16:00 – 16:30	Men, Marriage and Divorce <i>Dr Maliki Osman</i> <i>Parliamentary Secretary</i> <i>Ministry of National Development, Singapore</i> Chairperson: Dr Kanwaljit Soin	
PM	Symposium 5 – Mental Health Issues and Men	Symposium 6 – Men In Society
16:30 – 18:00	<p>Homosexuality: From a Social Perspective <i>Dr Ang Yong Guan</i> <i>Consultant Psychiatrist</i> <i>Paragon Medical, Singapore</i></p> <p>Risk factors and genetics of suicide <i>Dr Tan Ene Choo</i> <i>Principal Scientific Officer</i> <i>K K Research Centre</i> <i>K K Women's and Children's Hospital, Singapore</i></p> <p>Substance abuse and Men <i>Dr Muni Winslow</i> <i>Head of Addiction Unit</i> <i>Consultant</i> <i>Institute of Mental Health, Singapore</i> Chairperson: Dr Kavirach Tantiwongse</p>	<p>Men and Violence <i>Miss Pang Kee Tai</i> <i>Head of Training</i> <i>PAVe (Centre for Promoting Alternatives to Violence), Singapore</i></p> <p>Women's Perspectives on Men's Health <i>Dr Balasubramanian Srilatha</i> <i>Department of Obstetrics & Gynaecology</i> <i>Yong Loo Lin School of Medicine</i> <i>National University of Singapore, Singapore</i></p> <p>Crime and Men <i>Mr Subhas Anandan</i> <i>Senior Consultant, Criminal Law</i> <i>Khattar Wong & Partners, Singapore</i> Chairpersons: Dr April Young, Dr Kanwaljit Soin</p>

Scientific Programme Day Two - 2nd December 2008

2nd Dec (Tuesday)		
AM	Plenary 5	
08:00 – 08:30	Low Birth Rates, Men and Reproduction <i>Prof Jose Albert C. Reyes III</i> <i>Consultant Urologist, Philippines</i> Chairperson: Prof Peter Lim	
AM	Plenary 6	
08:30 – 09:00	Male Sexuality in Fertility Equation <i>Prof P Ganesan Adaikan</i> <i>Department of Obstetrics and Gynaecology, National University of Singapore</i> <i>Founder, Society for the Study of Andrology and Sexology Singapore (SSASS)</i> <i>Past President, International Society for Sexual Medicine (ISSM), Singapore</i> Chairperson: Prof Chiang Han Sun	
AM	Symposium 7 – Male Reproductive Health	Symposium 8 – Assessing Men's Health - Where Are We?
09:00 – 10:30	Genes and Male Reproduction <i>Prof Yong Eu Leong</i> <i>Professor of Obstetrics and Gynaecology</i> <i>Department of Obstetrics and Gynaecology</i> <i>National University Hospital, Singapore</i> The Seminal Analysis – What criteria? <i>Ms Angela Ho</i> <i>Senior Embryologist</i> <i>Centre for Assisted Reproduction Pte Ltd, Singapore</i> Treatment of Male Reproductive failure <i>Assoc Prof George Lee</i> <i>Consultant Urologist</i> <i>University of Malaya, Malaysia</i> Chairpersons: Dr Dobby Soebadi, Dr P C Wong	Laboratory Assessment of Testosterone and Thresholds for Androgen Deficiency <i>Prof Farid Saad</i> <i>Corporate Strategic Marketing Schering AG</i> <i>Berlin, Germany</i> Assessing Age-Related Metabolic and Hormonal Changes Laboratory assessment <i>Dr Wong Moh Sim</i> <i>Senior Consultant, Laboratory Medicine</i> <i>Alexandra Hospital, Singapore</i> Salivary hormone testing – Testosterone and Other Hormones <i>Prof Aw Tar Choon</i> <i>Senior Consultant, Laboratory Medicine</i> <i>Changi General Hospital, Singapore</i> Chairperson: Dr J J Mukherjee
10:30 – 10:45	Tea Break	
AM	Plenary 7	
10:45 – 11:15	Andropause – Clinical Reality or Business Opportunity <i>Dr Jean-Paul Deslypere</i> <i>Business Development Manager</i> <i>Asia Pacific SGS Life Sciences Services Geneva & Singapore, Singapore</i> Chairperson: Dr Alex Fox	
AM	Symposium 9 - Endocrine Changes and the Aging Man	Symposium 10 – Ejaculatory Disorders
11:15 – 12:45	Somatotroph axis and “Somatopause” <i>Dr J J Mukherjee</i> <i>Senior Consultant Endocrinologist</i> <i>National University Hospital, Singapore</i> Adrenal steroid axis and “Adrenopause” <i>Prof C Rajasoorya</i> <i>Senior Consultant</i> <i>Department of Medicine</i> <i>Alexandra Hospital, Singapore</i> Appetite Regulation in the Elderly <i>Dr Richard Chen</i> <i>Consultant Endocrinologist</i> <i>Changi General Hospital, Singapore</i> Chairperson: Prof Farid Saad	Psychological Co-relates of Ejaculatory Disorders <i>Prof Calvin Fones</i> <i>Consultant Psychiatrist</i> <i>Gleneagles Medical Centre, Singapore</i> Premature Ejaculation <i>Prof Siegfried Meryn</i> <i>President</i> <i>International Society of Men's Health & Gender, Austria</i> Other Ejaculatory Disorders <i>Dr Lim Kok Bin</i> <i>Consultant Urologist</i> <i>Singapore General Hospital, Singapore</i> Chairpersons: Dr Tomas Hala, Dr K Titiwongse

12:45 – 14:15	Lunch Symposium - New Approaches to Erectile Dysfunction- The ROAD to SATISFACTION! (Sponsored by Pfizer Singapore) <i>Dr Rosie King, Australia</i>	
PM	Symposium 11 - Management of aging in Men	
14:15 – 16:15	<p>Recent Advances in the Treatment of Hypogonadism <i>Dr Jean-Paul Deslypere</i> Business Development Manager Asia Pacific SGS Life Sciences Services Geneva & Singapore, Singapore</p> <p>Male Osteoporosis <i>Dr Leonard Koh</i> Consultant Endocrinologist Gleneagles Medical Centre, Singapore</p> <p>Nutrition and Aging: What works? <i>Dr Christopher Lien</i> Consultant Geriatrician Changi General Hospital, Singapore</p> <p>Exercise prescriptions for aging individuals <i>Dr Benedict Tan</i> Senior Consultant & Head Sports Medicine Changi General Hospital, Singapore</p> <p>Articular Cartilage Regeneration with Stem Cells <i>Dr Saw Khay Yong</i> Consultant Orthopaedic Surgeon (Orthopaedic Sports Medicine), Gleneagles Intan Medical Centre Kuala Lumpur, Malaysia Chairpersons: Prof Peter Lim, Dato Prof Dr Tan Hui Meng</p>	<p>The Great Public Debate on Men's Health</p> <p><i>Speakers:</i> <i>Dr Rosie King, A/Prof George Lee, Dato Steve Yap, Dr Roy Chio</i></p> <p><i>Panelists:</i> <i>Prof Peter Lim, Dr Eitetsu Koh, Dr Rudi Yuwana, Dr Joseph Yang, Dr Teoh Seng Hin</i></p> <p><i>Moderators:</i> <i>Prof Peter Lim, Prof Datuk Sahabudin Bin Raja Mohd</i></p>
16:00 – 17:30	APSSAM Council Meeting - (Sharma Room at level 4)	
16:15 – 16:30	Tea Break	
19:00 – 22:00	Congress Dinner (Chargeable at S\$120 per pax / S\$999 per table of 10pax. Ticket can be purchased on-site)	

Scientific Programme Day Three - 3rd December 2008

3rd Dec (Wednesday)	
AM	Plenary 8
08:00 – 08:30	<p>Post Prostatectomy Incontinence <i>A/Prof Ajay Singla</i> Associate Professor, Department of Urology & Gynecology Chief, Section of Female Urology & Voiding Dysfunction, Adjunct Associate Professor, Department of Biomedical Engineering, Wayne State University, USA Chairpersons: Prof C M Chin, Prof E Kesavan, Dr Heng Chin Tiong, Dr Ho Siew Hong, Dr Ng Foo Cheong</p>
AM	Plenary 9
08:30 – 09:00	<p>Journal of Men's Health and International Society of Men's Health Lecture The Global Case for Action: Acknowledging Poverty as a Determinant of Men's Health <i>Dr April M W Young</i> Collins Center for Public Policy, USA Chairperson: Dr Kanwaljit Soin</p>

AM	Symposium 12 – Men's Health and Aging	
09:00 – 10:30	<p>What Does Retirement Hold for the Aging Man? <i>Prof Akihiko Okuyama</i> <i>Professor & Chairman, Department of Urology</i> <i>Osaka University Graduate School of Medicine, Japan</i></p> <p>Socio-Economic Implications of Men's Health in Singapore <i>Dr Kanwaljit Soin</i> <i>President of Women's Initiative for Aging Successfully (WINGS), Singapore</i> Chairpersons: Prof Kumamoto, Prof Jose Reyes</p>	Posters Presentations
10:30 – 11:00	Tea Break	
AM	Symposium 13 – Sexually Transmitted Infections in Men	Symposium 14 – International College of Surgeons Lecture - Approach to Men's Health
11:00 – 12:30	<p>Epidemiology of STIs in Men <i>Dr Martin T W Chio</i> <i>Consultant Dermatologist</i> <i>National Skin Centre, Singapore</i></p> <p>The Burden of HIV/AIDS <i>Dr Asok Kurup</i> <i>Consultant</i> <i>Infectious Diseases Unit</i> <i>Department of Internal Medicine</i> <i>Singapore General Hospital, Singapore</i></p> <p>Challenges facing STI & HIV control programmes in Singapore <i>Dr Roy Chan</i> <i>Director</i> <i>National Skin Centre, Singapore</i> Chairperson: Prof Arif Adimoelja</p>	<p>Structured Training & Certification in Andrology & Men's Health <i>Prof Peter H C Lim</i> <i>Adjunct Professor (Men's Health)</i> <i>Edith Cowan University, Australia</i> <i>President, Society for Men's Health</i> <i>President, The International College Of Surgeons (Singapore Section), Singapore</i></p> <p>Aging male symptom Score Different Scores for Different Cultures? <i>Prof Y Kumamoto</i> <i>President of Society for Study of Aging Male, Japan</i> Chairpersons: Prof Abdulmaged Traish, Dato Prof Dr Tan Hui Meng</p>
12:30 – 13:30	Lunch	
PM	Plenary 10	
13:30 – 14:00	<p>The Management of Anti-Aging Medicine -Eight Year's experience in Taiwan <i>Dr Peter Shih-Bin Pan</i> <i>Chairman, The Taiwan Academy of Anti-Aging Medicine, Taiwan</i> Chairperson: Dr Steve Yap</p>	
PM	Symposium 15 – Complementary and Alternative Medicine in Men's Health	Symposium 16 – Asia Pacific Society of Sexual Medicine (APSSM) Symposium on ED – A Review of Treatment Options
14:00 – 15:30	<p>TCM and Men's Health <i>Dr Swee Yong Peng,</i> <i>Centre for East West Medicine</i> <i>Paragon Medical, Singapore</i></p> <p>Good Agronomic Practices for Herbs (EYSGAP-H) Certification Scheme <i>Dr Patrick Loh</i> <i>Senior Vice President (R&D)</i> <i>Eu Yan Sang International, Singapore</i></p> <p>Herbals in the Treatment of Male Sexual Dysfunction & Male Aging <i>Prof Arif Adimoelja</i> <i>Chair</i> <i>Centre for the Study and Services for "Men's Health"</i> <i>Hang Tuah University - Naval Teaching Hospital Dr. Ramelan, Indonesia</i> Chairperson: Dr Steve Yap, Dr Swee Yong Peng</p>	<p><i>Chair: Prof P Ganesan Adaikan</i> <i>Department of Obstetrics and Gynaecology,</i> <i>National University of Singapore</i> <i>Founder, Society for the Study of Andrology and Sexology Singapore (SSASS)</i> <i>Past President, International Society for Sexual Medicine (ISSM), Singapore</i></p> <p><i>Participants:</i> <i>Prof Chiang Han Sun</i> <i>President</i> <i>Asia Pacific Society of Sexual Medicine, Taiwan</i></p> <p><i>Prof Nam Cheol Park</i> <i>Secretary General</i> <i>Asia Pacific Society of Sexual Medicine, Korea</i></p> <p><i>Prof Abdulmaged M. Traish</i> <i>Professor of Biochemistry</i> <i>Boston University School of Medicine, USA</i> Chairperson: Prof P Ganesan Adaikan</p>
15:30 – 16:00	Tea Break	
16:00 – 18:00	APSSM Council Meeting - (Sharma Room at level 4)	

Main Conference Speakers' Biographies



Dr Carol Tan-Goh

Dr Tan is a geriatrician and a senior consultant with the KK Women's' and Children Hospital. She held concurrent appointments in the Epidemiology and Disease Control, Integrated Health Services and Health Finance Divisions at Ministry of Health, Singapore. She is now concurrently serving as Deputy Director (Elderly and Disability Policy), Ministry of Community Development Youth and Sports. She has been active in the development of geriatric medicine services in Singapore. Her interests include developing a person-centered, whole life, integrated, multidisciplinary, evidence based approach in the area of health and social care provision incorporating the clinician and administrative policy planning perspectives. She is especially interested in promoting public-private- people sector collaboration facilitating a whole government, all people approach.



A/Prof Tai E Shyong

Asst Prof Tai E Shyong is currently a clinician scientist in Singhealth and a consultant in the Department of Endocrinology at the Singapore General Hospital. For several years, he has worked to explore the physiologic basis for the observed ethnic differences in the risk of cardiovascular disease in Singapore. This includes work on the relevance and implications of the metabolic syndrome, and the pathogenesis of diabetes mellitus. In the last 5 years, his research focus has been to explore differences in genetic and environmental exposures between ethnic groups in order to determine how these factors may participate, either directly or through gene-gene and gene-environment interactions, to determine cardiovascular risk in the Singapore population.



Prof Tan Hui Meng

Professor Tan Hui Meng is a Consultant Urologist at the Subang Jaya Medical Center, Selangor, Malaysia. He is currently the Secretary General of the Asia Pacific Society for Study of the Aging Male (APSSAM), Treasurer of Asia Pacific Society for Sexual Medicine (APSSM) and Vice-President of the Asian Society of Endourology. He is also the President of the Malaysian Society of Andrology and The Study of the Aging Male as well as the Malaysian Erectile Dysfunction Advisory Council and Training. Professor Tan Hui Meng is a member of 18 learned societies. He has published 134 articles and abstracts in peer-reviewed journals and books and has presented 64 papers by invitation at international conferences. He sits on the editorial boards of 9 journals. His research interest includes prostatic diseases, erectile dysfunction and hormonal changes in the ageing male.



Prof Siegfried Meryn

Siegfried Meryn is a Professor of Medicine and Chairman of the Core Unit for Medical Education at the Medical University of Vienna, Austria. Having studied as a Research Fellow at the Albert Einstein College of Medicine in New York, he has more than 20 years of experience in teaching medicine. He is the President of the International Society for Men's Health (ISMH), Editor-in-Chief of the Journal of Men's Health (JMH). Vice President of the European Men's Health Forum (EMHF), executive Member of the European Society for Sexual Medicine (ESSM), Past President of the Austrian Society for Sexual Medicine (ASSM) and President of the World Academy for Medical Education. He has more than 200 publications in peer-reviewed journals and is a three time recipient of the prestigious Austrian 'Golden Book' award for his books, one titled Men's Health.



A/Prof Mak Koon Hou

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Dr Tham Kwang Wei

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Prof Farid Saad

Prof Farid Saad is the Head of scientific affairs Men's Healthcare at Bayer Schering Pharma AG. He has been an honorary professor in clinical research and endocrinology at Gulf Medical College, Ajman, United Arab Emirates and Honorary professor at Men's Health Reproduction Study Center, Hang Tuah University, Surabaya, Indonesia. He was the marketing director and international marketing and sales director, Ferring GmbH in Kiel, specialist for reproductive endocrinology, pediatric endocrinology, and Andrology. Prof. Saad was the leader of clinical development andrology, Jenapharm, Jena; specialist in endocrinology of aging, male aging, male and hormonal fertility control.



Prof Mikio Namiki

Prof Mikio Namiki is a Professor and Chairman in the Department of Integrative Cancer Therapy and Urology at the Kanazawa University Graduate School of Medical Sciences, Japan. Dr Namiki is a member of several professional societies including Chairman of the Board of Directors of the Japan Society of Andrology, Director of the Japan Society of Sexual Medicine, and Director of the Japan Society for the Study of Aging Male, and Japan Society of Reproductive Endocrinology. Prof Namiki has several publications to his credit and is the editor of the International Journal of Urology, Japanese Journal of Urology, Urology View and Hinyoki Geka. He has received the 6th Inada Prize in 1989 and the annual award of International Medical Association Bulgaria in 2006.



Prof Kesavan Esuvarnathan

Professor E Kesavan is the Clinical Director of Urology Center, National University Hospital, Singapore, since its inception in 2001 and was instrumental in setting up the Center. He has helped in developing Asian guidelines for management of Urological Malignancies. As a Director of Research, Department of Surgery, National University Hospital, A/Prof Kesavan has strived to build an atmosphere of academic research. His current research interests and activities are in the field of bladder cancer, and he concurrently runs a gene-therapy programme for Urological malignancies. His research group has won 12 research awards in the past 10 years. A/Prof Kesavan has written on various aspects of Urology, and authored books on cancer immunology and therapy. He is currently the President of the Singapore Urological Association. He is the editor of Asian Urology and a reviewer for Cancer, Cancer Research, and Journal of Urology & Urology.



Photo not available at the time of publication

Dr James Tan

Dr James Tan's profile not available at the time of publication.



Prof Khoo Ee Ming

Professor Dr Khoo Ee Ming is Professor of Family Medicine and Head of Department at the Department of Primary Care Medicine, University of Malaya, Kuala Lumpur, Malaysia. She did her MBBS in London and subsequently her postgraduate general practice training in the UK. She started her academic career in 1993 and is actively engaged in the development of Master of Family Medicine programme at university and national level. She is a Fellow of the Academy of Family Physicians Malaysia (AFPM) and the Academy of Medicine Malaysia. She is a council member of AFPM and the chair of the Malaysian Primary Care Research Group. She was a WHO Fellow in 2002. She has published books and many papers, and is an editorial board member of the Asia Pacific Journal of Public Health and the Malaysian Family Physician, and a journal reviewer.



Prof Michael Zitzmann

Prof Zitzmann is a Senior Physician at the Institute for Reproductive Medicine at the Westfälische Wilhelmsuniversität Münster. He is a Board Certified Specialist for Internal Medicine/Endocrinology and Diabetology and Board Certified Clinical Andrologist EAA (European Academy of Andrology). Prof Zitzmann is academic Member of the EAA (European Academy of Andrology). He is a High School Teacher for Endocrinology and Andrology and Board Certified Andrologist of the German Physicians Chamber. Prof Zitzmann has received numerous awards such as The Rolf-Dierichs Award and Grant 2006 and 2007 for Innovative Clinical Teaching Models in Endocrinology and Reproduction. He has numerous publications to his credit, is the reviewer for 20 peer-reviewed journals and is on the editorial board of Journal of Clinical Endocrinology and Metabolism.



Prof Abdulmaged M. Traish

Abdulmaged M. Traish, is Professor of Biochemistry and Urology, Director of Research, Institute for Sexual Medicine, at the Boston University School of Medicine, in Massachusetts. Dr. Traish received his Ph.D in Biochemistry from Boston University and completed a fellowship in biochemistry at Boston University School of Medicine. He has written many original research articles focusing sex steroid hormones and more specifically on androgens and sexual arousal response. These articles appeared in Journal of Biological Chemistry, Endocrinology, The Journal of Sexual Medicine, and the Journal of Andrology. Dr. Traish is a member of the American Society of Biochemistry and Molecular Biology, The Endocrine Society, the American Society of Andrology, and the International Society for Sexual Medicine.



Prof Aksam Yassin

Prof Aksam Yassin, a Fellow of the European Board of Urology, is currently in private practice in urology and andrology and is the Chairman of the Institute of Urology and Andrology at the hospital Segeberger Kliniken in Norderstedt-Hamburg, Germany. He is serving as member of German Exam Board for Urology and Andrology with special interests in Genital and Prostate diseases and sexual medicine. Since 2000 Prof. Yassin is faculty member and full Professor of Urology at the Gulf Medical College, School of Medicine, Ajman / UAE and Vice President for Institutional Advancement. He has organized more than 34 local and 28 international congresses, and presented numerous lectures on andrology, prostate diseases and sexual medicine. He has published more than 34 original articles, co-authored 33, and composed 4 chapters in 4 books.



Dr Tan Jee Lim

Dr Tan is a Consultant Orthopaedic Sports Surgeon and a Visiting Consultant at Singapore Sports Council and Changi General Hospital. He is also the Director of the Singapore Soft Tissue Engineering Project, and performed the first successful meniscus transplant in South East Asia using cadaveric allograft. He started the Changi Skills Training Laboratory. He was a Clinical Lecturer, Faculty of Medicine, National University of Singapore and won the Changi GH Best Teacher in 2003. He is the Deputy Chairman, Medical Committee, Football Association Singapore and is a Committee Member of the Medical Committee of Outward Bound School, Singapore. He is the Team Physician to the Singapore National soccer team and also looks after leading soccer teams in the region.



Prof Goh Lee Gan

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Dr Ng Foo Cheong

Dr Ng Foo Cheong is Chief and Senior Consultant at the Department of Urology at the Changi General Hospital, Singapore. As a member of the Specialist Training Committee for Urology (Ministry of Health), Dr Ng plays an active role in the postgraduate training programme for Urology. He is involved in undergraduate medical teaching, as a Clinical Senior Lecturer for the Yong Loo Lin School of Medicine. He is a member of the Specialty Board, Chapter of Urologists, College of Surgeons (Academy of Medicine). He is an invited external reviewer for journals and research applications and is an external evaluator for the Centre for Drug Evaluation (Health Science Authority). He has several peer-reviewed publications in journals and has made numerous presentations at international and local meetings. He has special interests in prostate disease, reconstructive urology, endourology and uro-oncology.



Dr Toh Khai Lee

Dr Toh is a Senior Consultant and Head of the Department of Urology at Tan Tock Seng Hospital and a Clinical Lecturer at the Yong Loo Lin School of Medicine, National University of Singapore. He obtained his medical degree at the National University of Singapore and post-graduate surgical diplomas at the Royal College of Surgeons of Edinburgh, and Royal College of Physicians & Surgeons of Glasgow, UK. His areas of interests in Urology include Reconstructive urology, Urodynamics and Voiding dysfunction and Endourology & Laparoscopy. Dr Toh is the principal investigator / collaborator in 4 clinical research trials including a global multi-centre on neurogenic voiding dysfunction. He is a member of the Editorial Board of International Nephrology & Urology and on the panel of reviewers for 4 other urological journals. Dr Toh was the Honorary Secretary and a member of the Executive Committee of the Singapore Urological Association.



Dr David Consigliere

Dr Consigliere is Senior Consultant and Chief of Department of Urology at the National University Hospital, Singapore. He is the Clinical Director and Director of Postgraduate Education for Urology department. He serves on various committees and advisory boards on Urology. Besides general urology, he has an interest in endourology & urolithiasis, uro-oncology and neuro-urology and urodynamics. He has received several awards and is actively involved in teaching. He has been the principal investigator and co-investigator for several clinical trials and his current research projects include sacral neuro-modulation for intractable urinary incontinence / interstitial cystitis and botulinum toxin injection for detrusor hyperreflexia in 'spinal cord injured patients.



Prof Apichat Kongkhanand

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Professor Wah Yun Low

Professor Wah Yun Low is a Professor of Psychology at the Health Research Development Unit, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia. She has served as a consultant for both local and international agencies, particularly on issues related to sexual and reproductive health, and men's health. She is one of the pioneers in research on sexuality in Malaysia. She sits on the Education Sub-Committee of the International Society for Sexual Medicine, and is the Co-Chair of the Research and Scientific Sub-Committee of the Asia Pacific Society for Sexual Medicine. Prof. Low is an Executive Council Member of the Malaysian Society of Andrology and The Study of the Aging Male, and the Malaysian Erectile Dysfunction Advisory and Council and Training. She has over 150 publications in peer-reviewed journals and has authored and co-authored 11 books and book chapters.



A/Prof Chirk-Jenn Ng

Dr Chirk-Jenn Ng is an associate professor in the Department of Primary Care Medicine, University of Malaya, Malaysia. He works as a family physician at the University of Malaya Medical Centre and is currently pursuing his PhD at the University of Sheffield, UK. He graduated in medicine from the National University of Singapore, and obtained his Masters in Family Medicine in 1998. His research interest and publications in men's health focus on men's sexuality, help-seeking behaviour and decision-making. He was involved in the Asian MALE study, which was a landmark research project exploring men's views on quality of life, masculinity and help-seeking behaviour in Asia. At present, Dr Ng is conducting a community-based cohort study with 1000 men in Malaysia exploring the physical and psychosocial health issues of men in an urban setting.



Dr Maliki Osman

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Dr Ang Yong Guan

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Dr Tan Ene Choo

Dr Tan Ene Choo is a Principal Scientific Officer at the KK Research Centre, KK Women's and Children's Hospital and the editor of the hospital's journal, KK Hospital Review. She obtained her MSc in molecular Biology from the University of Wisconsin-Madison and PhD in molecular and cell biology from the Institute of Molecular and Cell Biology, Singapore. She worked on neuropsychiatric genetics while with the Institute of Molecular and Cell Biology and the Population Genetics Programme of Defence Medical and Environmental Research Institute prior to joining KK Hospital. Her current research interests include the analysis of patterns of genetic variations in different genomes and the identification of mutations and polymorphisms important to genetic disorders and disease traits.



Dr Muni Winslow

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Ms Pang Kee Tai

Pang Kee Tai is the Head, Training cum Snr Social Worker at Promoting Alternatives to Violence (PAVe). A large part of her 20-year field experience involves the Ang Mo Kio Family Service Centres (AMKFSC), first as a Social Worker and later, as Acting Director. She has worked with individuals and families who have experienced social emotional difficulties such as marital, financial, parenting difficulties and domestic abuse. She conducts group work with various target groups like children and youths in school settings, and parents with young and teenage children. She has conducted training programmes for frontline police officers, investigators, teachers, grassroots leaders, medical social workers, doctors and nurses in the area of understanding and helping vulnerable families and family violence. She has also facilitated field seminars for Social Work undergraduates at the Department of Social Work, NUS.



Dr Balasubramanian Shrilatha

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Mr Subhas Anandan

Mr Subhas Anandan heads the Criminal Law department in KhattarWong. A renowned criminal lawyer in Singapore, he is credited with the conduct of several landmark cases that have shaped the face of criminal law in Singapore. Mr Subhas is in practice for more than 25 years. He specialises in criminal cases, which range from minor offences to capital offences. He is a founding member and first President of the Association of Criminal Lawyers in Singapore. A familiar figure at both the Subordinate Courts and the Supreme Court, Mr Subhas has handled well over 1500 criminal cases from murder and kidnapping to drug trafficking. Mr Subhas is well-regarded as the leading criminal lawyer in Singapore and was awarded the Legal Eagle Award of 2001 which was conferred by the Law Society of Singapore.



Prof Jose Albert C. Reyes III

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Prof P Ganesan Adaikan

Prof P Ganesan Adaikan is research professor and head of section of sexual medicine and a board registered (USA) clinical sexologist in the Department of Obstetrics & Gynaecology, National University Hospital, National University of Singapore. He is the immediate Past-President and member of the Board of Directors of the International Society for Sexual Medicine (ISSM). He was the Founder of the Society for the Study of Andrology and Sexology, Singapore (SSASS). He is a world-renowned expert in the field of sexual medicine and is recognized for his pioneering contributions to the physiopharmacology of penile erection and pharmacological treatment for erectile dysfunction. He was the first to identify the neurogenic non-adrenergic, non-cholinergic pathway and the modulator/transmitter nitric oxide and other receptors/mediators in human penis. He has published more than 150 scientific articles in peer-reviewed international journals, 23 chapters in books and presented more than 400 invited lectures.



Prof Yong Eu Leong

Professor Yong, a clinician-scientist has won numerous national and international research awards and has authored and co-authored more than 200 papers, patents and abstracts. His major administrative responsibilities include Head of Department of Obstetrics & Gynecology NUH, Director of Research, NUH and Chairman, NHG Grants Review Committee. His major research interest is in the molecular biology of steroid/nuclear receptors. His work on how androgen receptor mutations and polymorphisms cause sexual reversal in XY individuals and low sperm counts in subfertile males is cited more than 300 times. These findings have translated into novel genetic testing services, for which he has been awarded a Ministerial Citation for “outstanding contributions in research on the molecular genetics of human fertility”. His lab has discovered and patented several compounds and extracts that activate Androgen, Estrogen, Progesterone receptor and PPAR family of nuclear receptors from environmental and botanical samples.



Ms Angela Ho

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A/Prof George Lee

A/Professor George Lee attended Fitzwilliam College, Cambridge University, United Kingdom. He was granted an Honours Degree in Pharmacology, and continued to graduate from the Cambridge University Clinical School. After completing two years of general Surgery training at Oxford University John Radcliffe Surgical Rotation, he went on to serve as a Specialist Registrar in Urology at Imperial College and University College London. After completing his Urological training, he took up a post as a Consultant Urological Surgeon at Southend University Hospital. Dr Lee is an associate Professor of Surgery/ Urology at the University of Malaya Medical School, Kuala Lumpur, Malaysia.



Dr Wong Moh Sim

Dr Wong Moh Sim is Senior Consultant and Head of the Department of Laboratory Medicine at Alexandra Hospital. She holds concurrent hospital administrative appointments as Deputy Chairman, Medical Board and Director, Clinical Services, Alexandra Hospital. Dr Wong graduated from the University of Leicester in UK and is a Fellow of the Royal College of Pathologists (UK) in Chemical Pathology and the Royal College of Pathologists of Australasia. She also holds a Master of Health Science (Management) degree from the University of Sydney, Australia. Dr Wong's interests are laboratory management and workflow and quality assurance. She runs diabetes clinics in the Diabetes Centre at Alexandra Hospital. She is also actively involved in teaching medical students and medical technologists.



Prof Aw Tar Choon

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Dr. Jean-Paul Deslypere

Dr. Jean-Paul Deslypere is the Business Development Manager Asia Pacific SGS Life Sciences Services Geneva & Singapore. He has held different managing appointments (Director level) at the National Healthcare Group, SingHealth, National University Singapore and ICON Clinical Research Singapore (Asia Pacific). He is an Advisor Minister of Health, Socialist Republic of Vietnam, in charge of setting up a clinical research infrastructure in Vietnam (Hanoi and Ho Chi Minh City) and Director of the Singapore Good Clinical Practice Program (SGCPP) in charge of the Official Singapore GCP Courses. Dr. Deslypere is the Editor of International Journal of Pharmaceutical Medicine and IFAPP News Letter. He is the Principal Investigator of GCP clinical trials for 20 years (Belgium and Singapore) and has published more than 90 articles in international peer reviewed publications. He is frequently invited as speaker at international conferences.



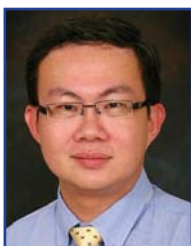
Dr J J Mukherjee

Dr. J J Mukherjee is a Senior Consultant Endocrinologist in the Department of Medicine and a Clinical Lecturer in the Faculty of Medicine at the National University Hospital (NUH), Singapore. He undertook endocrine training at the St. Bartholomew's Hospital, London, under the tutelage of Professors Michael Besser, John Wass, John Monson and Ashley Grossman. He was awarded Fellowship of Academy of Medicine, Singapore in 1998, and was elected Fellow of the Royal College of Physicians (London) in 2005. His chief clinical interests are in pituitary & adrenal disorders, endocrine hypertension, and neuroendocrine tumours, and has contributed and published regularly on these areas. He is the Director of Postgraduate Education, Department of Medicine at NUH, is in the specialist advisory panel of the Annals, Academy of Medicine, Singapore, and is an active member of a number of administrative committees in NUH.



Prof C Rajasoorya

Prof Rajasoorya is a senior consultant physician and endocrinologist in the department of medicine of Alexandra hospital. Prof Rajasoorya chairs the Specialist Training Committee in Endocrinology and also serves at the Ministry of Health as a Senior Consultant in Specialist Training. After graduation from the University of Singapore, Prof Rajasoorya subsequently trained in Endocrinology at the University of Auckland/ Auckland Hospital Department of Endocrinology and also spent some time at the Mayo Clinic (Rochester), University of Virginia, Charlottesville and the Oregon Health Sciences University in Portland. Prof Rajasoorya has a wide interest in all fields of endocrinology but has a particular slant towards disorders of the hypothalamic-pituitary-adrenal in which he has published widely.



Dr Richard Chen

Dr Chen leads the Division of Endocrinology at Changi General Hospital, Singapore. He attained Membership to The Royal College of Physicians (United Kingdom) in 1999 and qualified as an endocrinologist in 2004. Dr Chen has a special interest in Endocrinology of Aging. Between 2003-4, Dr Chen undertook a sabbatical at the Royal Adelaide Hospital (University of Adelaide) in South Australia, collaborating with Professors Michael Horowitz, Gary Wittert, and Ian Chapman in various research projects on testosterone supplementation in the frail elderly, late-onset hypogonadism, obesity, and appetite regulation in older men. In 2006, Dr Chen set up the Andropause and Men's Health Clinic at Changi General Hospital, a service dedicated to age-related endocrine and metabolic issues in middle-aged and older men. He has also contributed book chapters on obesity and appetite regulation in older persons. He is actively involved in clinical research on issues relating to testosterone and ageing.



Prof Calvin Fones

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Dr Lim Kok Bin

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Dr Rosie King

Dr Rosie King graduated from the medical faculty at the University of New South Wales in Sydney in 1976, and worked in general practice for 12 years before specialising in sexual and relationship therapy. Dr King is an author, educator and researcher with over 30 years of clinical experience. She lectures and runs workshops for medical professionals and the lay public in Australia and internationally. In 1992 Dr King was a founding member of the Australian Centre for Sexual Health at St Luke's Hospital, Sydney. She is a past president of ASSERT (Australian Society of Sexual Educators, Researchers and Therapists). In 2002 Dr King was honoured with the International Society of Sex and Impotence Research's (ISSIR) 20th anniversary award for her work in raising global awareness of sexual issues.



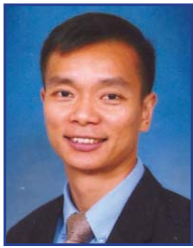
Dr Leonard Koh

Dr Leonard Koh is Consultant Physician and Endocrinologist at the Gleneagles Medical Centre and Visiting Consultant at the Singapore General Hospital. He received his medical training at the National University of Singapore, Singapore General Hospital and the University of California, San Francisco, USA. Dr Koh is the immediate past President of the Osteoporosis Society of Singapore and the Endocrine & Metabolic Society of Singapore. He has served as a reviewer for Osteoporosis International, Journal of Men's Health and Gender, and the Annals, Academy of Medicine Singapore, and has authored over 40 publications in international and local journals. His research interests include the epidemiology of osteoporosis, and clinical tools and risk evaluation in the management of osteoporosis.



Dr Christopher Lien

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Dr Benedict Tan

Dr Benedict Tan is the Head and Senior Consultant Sports Physician at the Changi Sports Medicine Centre, Changi General Hospital. Concurrently, he is the Medical Director for the Singapore Sports Medicine Center and Visiting Consultant to the Singapore Sports Council. Dr Tan served as Team Physician for the Singapore Contingents to the 1998 and 2002 Asian Games, and the 1999 and 2001 SEA Games. Dr Tan is a member of the Sports Medicine Subspecialty Training Committee, Specialist Accreditation Board. He is also the Vice-Chairman of the Medical Commission of the International Sailing Federation, Past President of the Sports Medicine Association of Singapore and Council Member of the Singapore Association for the Study of Obesity. His original research has been published in international peer-reviewed professional journals and presented at international conferences. Apart from sports injuries, Dr Tan's area of interest also includes musculoskeletal sonography, extracorporeal shock wave therapy (ESWT), gait analysis, and performance enhancement.



Dr Saw Khay Yong

Dr Saw Khay Yong is a Consultant Orthopaedic Surgeon at the Kuala Lumpur Sports Medicine Centre, Football Association of Malaysia and Gleneagles Intan Medical Centre, Kuala Lumpur, Malaysia. Dr Saw has received numerous scholarships including A/O Fellowship - Graz, Austria, Ilizarov Course & Fellowship - Lecco, Italy and Fellowship in Knee Surgery - Alaska & Pittsburgh, USA. Dr Saw has several publications to his credit. He has organised several courses and has been invited as a guest speaker at numerous courses and conferences.



A/Prof Ajay K. Singla

Dr Ajay Singla is the Associate Professor & Chief of Female Urology and Voiding Dysfunction in the Department of Urology, at the Detroit Medical Center. Dr Singla obtained his Masters degree in Surgery from Maharishi Dayanand University, Rohtak, India. He pursued his Urology Residency at the University of North Carolina, General Surgery Residency at the Emory University, Atlanta, and Fellowship in Neurology & Urodynamics at the University of North Carolina. Dr Singla has clinical interests in the field of voiding dysfunction and urinary incontinence in men and women, and has several publications to his credit.



Dr April M W Young

Dr Young, a social anthropologist, is Director of Community Development for TGP (The Growth Partnership), an initiative of the Collins Center for Public Policy, working to revitalize distressed South Florida neighborhoods and to empower residents. She designed and conducted the Overtown Men's Health Study (2006), which received international attention as a rare empirical data set on urban residents, men, and health. She directed the Community-University Roundtables Project at Stanford University, which initiated applied research and provided technical assistance in urban California communities on topics ranging from police racial profiling to senior women's health to equitable technology access. She has administered federal and state rental housing subsidy programs in Boston, and provided housing policy analysis and delivered technical assistance in the Housing, Income Security, and Employment group of Abt Associates.



Prof Akihoko Okuyama

Prof Akihiko Okuyama is a Professor and Chairman of the Department of Urology, Osaka University Graduate School of Medicine, Japan. He is a member of several professional societies such as The Japanese Urological Association (President 2005. 4~), The Japan Society of Andrology (President 2002. 4~), The Japanese Society for Impotence Research (Vice President), Societe International d'Urologie (Active Member), International Society of Andrology (Active Member), Urological Association of Asia (Council Member), and Asian Society of Andrology (Executive Member). Prof Okuyama has received various awards such as Sakaguchi-Prize (Best Scientific Award), The Japanese Urological Association.



Dr Kanwaljit Soin

Dr Kanwaljit Soin is a Consultant Orthopaedic & Hand Surgeon in private practice. In addition to her full time practice, she has founded various organizations to help the status of women and the less advantaged in society. She has also held numerous positions in welfare, advocacy and professional organizations. Currently she is the Vice Chair of HelpAge International; a UK based international NGO serving disadvantaged older people worldwide. She is also the Chair of WINGS in Singapore – “Women’s Initiative for Ageing Successfully.” She is a Board Member of Washington University International Advisory Council for Asia and is on the Board of Consultants of the Osteoporosis Society of Singapore. She was nominated “Woman of the Year” in 1992 in Singapore and in 2000 she was presented “Women Who Make a Difference Award” by the International Women’s Forum, Washington D.C.



Dr Martin Chio

Dr Martin Chio received his undergraduate training in medicine from the University of Bristol, UK. He completed his basic specialty training in Internal Medicine in Singapore & qualified as a member of the Royal College of Physicians, UK. He completed his advanced specialty training in Dermatology at the National Skin Centre & is a Fellow of the Academy of Medicine Singapore. He was awarded the National Medical Research Council medical research fellowship to pursue a Masters of Science in STI/HIV at University College London & the London School of Hygiene & Tropical Medicine in September 2006. He received the best dissertation award for his dissertation on the topic of “STIs & HIV in MSM in Singapore”. He is currently a Consultant Dermatologist at the National Skin Centre & the Department of STI control (DSC) clinic, Kelantan Lane. His clinical interests include sexually transmitted infections, genital & HIV dermatology.



Dr Asok Kurup

Dr Asok Kurup is a Senior Consultant, Infectious Diseases Unit, Department of internal medicine, and Chairman of the Infection Control Committee at the Singapore General Hospital. He is also a Visiting Consultant, Communicable Disease Centre at the Tan Tock Seng Hospital, Singapore. He is a member of the Royal College of Physicians (MRCP), Edinburgh and Fellow of the Academy of Medicine, Singapore. He received Specialist accreditation in Infectious Diseases from the Academy of Medicine, Singapore. Dr Kurup is actively involved in research and the areas of his research interests include primary HIV infection, community-acquired bacterial infections, particularly melioidosis and klebsiella septicemia, invasive fungal infections and control of nosocomial infections including novel strategies to control MRSA. Dr Kurup has several publications to his credit.



Dr Roy Chan

Dr. Roy Chan is a Senior Consultant at the Office of Director of Medical Services Ministry of Health, Singapore. His other concurrent appoint nets include Visiting Consultant at the Singapore Armed Forces and Department of Infectious Disease Communicable Disease Centre, Tan Tock Seng Hospital, Singapore. He is the Programme Director for the National STI Control Programme and a Part-time Senior Lecturer at the Faculty of Medicine, NUS. He is the Editor of Sexual Health and sits on the editorial boards of International Journal of STD & AIDS, Sexually-Transmitted Infections, AIDS Action - Asia-Pacific edition and HIV Medicine. Dr. Chan has over 71 research publications to his credit. He has received numerous awards including Paul Harris Fellow (2000) The Rotary Foundation of Rotary International, National Healthcare Group Health Manpower Development Programme Award 2004 and IUSTI Asia—Pacific Senior Fellowship Award 2004.



Prof Peter HC Lim

Prof Peter Lim is a Senior Consultant and Medical Director of Andrology, Urology and Continence Centre at Gleneagles Hospital, Singapore, and Adjunct Professor (Men's Health) at Edith Cowen University, Western Australia. Prof Lim is the President of the Society of Men's Health (Singapore), and President of the Asia-Pacific Continence Advisory Board and the Asian Society for Female Urology. He has served on the editorial boards of various journals, including the Singapore Medical Journal and the Annals of the Academy of Medicine, Singapore. He has several articles published in peer-review journals and has contributed to nine books. His research interests and specialties include Andrology, erectile dysfunction, incontinence and general urology. Among the numerous honours conferred on him are the Honorary Membership of the Institute of Urology, London (1992) and the Singapore Urological Association Lectureship of the Year 2001.



Prof Y Kumamoto

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Dr Peter Shih-Bin Pan

Dr. Shih Bin Pan is a Board Certified Obstetrics/Gynaecology Specialist and Board Certified Infertility Specialist, Taiwan. He is the Superintendent of Pan's Institute of Reproductive Medicine and the Sinogene Anti-Aging Clinic, Taiwan. His concurrent appointments include President, The Taiwan Academy of Anti-Aging Medicine (TAAAM), Board of director, The Taiwan Foundation for Infertility and Aviva System Biology Co Ltd, San Diego, USA, Chairman, The Comlab Laboratory Inc. Taiwan, Chairman, Sinopharma Bioscience Co Ltd, Hong Kong and Chairman, Aviva Health management System. Dr. Shih Bin Pan is a Fellow of American Anti-Aging Research (A3R). He has received numerous awards including the award to achieve the 1st GIFT (Gamet Intrafallopian Transfer) baby in Taiwan. He has been invited as a guest speaker in many national and international conferences.



Dr Swee Yong Peng

Dr Swee Yong Peng is a Family physician and Certified Traditional Chinese Medicine (TCM) practitioner and acupuncturist and CEO of the Primary Care Division ParkwayHealth, Singapore. Dr Swee is the first doctor in Singapore to be fully qualified and licensed to practice both Western and Eastern Medicine. He blends both western and eastern medicine in his practice at the clinic run by the ParkwayHealth Primary Care Division. Dr Swee lectures at the Singapore College of Traditional Chinese Medicine and was the Deputy Principal of the College from 2005 to 2007. Dr. Swee is a committee member of the Singapore Physician Association and a member of the Ethics Committee and exam committee in the TCM Board of Singapore. Dr Swee is also the committee member of the World Federation of Chinese Medicine Societies.



Dr Patrick Loh

Dr Patrick Loh is one of the early pioneering bio-entrepreneurs in Singapore who has successfully established the commercial application of biological and molecular techniques to plant and crop improvement programmes in the agro-based industries in the ASEAN region. He is an Adjunct Professor at three university institutions, the Western Australian State Agricultural Biotechnology Center (SABC), Murdoch University, and the Singapore Management University. He has served on several public organisation committees including the Think Tank Committee for Science & Technology (National Science and Technology Board), the Environment, Health, Safety & Security Function Committee (Singapore Manufacturers' Federation, SMa), among others. He was conferred the PINGKAT BAKTI MASYARAKAT (PBM - PUBLIC SERVICE MEDAL) in 2001 and the BINTANG BAKTI MASYARAKAT (BBM - PUBLIC SERVICE STAR) in 2006 by His Excellency, The President of the Republic of Singapore.



Prof Arif Adimoelja

Prof. Arif Adimoelja is the Professor and Head of Study centre and services for Men's Health, Reproduction, Sexual Health and Aging, annex Andrology Clinic Naval Hospital Dr. Ramelan / School of Medicine, Hang Tuah University, Surabaya, Indonesia since 1990. He is actively involved in research and has more than 342 prominent projects in Reproductive and Basic Andrology, Sexology- Sexual Medicine, Men's Health and Aging, Herbal Medicine- Phyto-pharmaceuticals and three hand-books for andrology and spermatology. Prof. Adimoelja has received numerous awards, some of which include Indonesian First Andrologist and for the development of Andrology (MURI = Indonesian Genuis Book Records, 1990), PANDI AWARD (Indonesian Society of Andrology, 1994), Three best Andrologist (1st APFA, Shanghai, China, 2002) and nomination for best caring Indonesian Physicians (100 years celebration of the Indonesian Association of Physicians, 2008).



Prof Chiang Han-Sun

Prof Han-Sun Chiang is the Professor and Dean of the College of Medicine, Fu- Jen Catholic University, Taipei, Taiwan, Republic of China. He is a Professor at the Department of Urology, National Taiwan University. Prof Chiang is also the President of the Taiwan Urological Association and President of the Asian Pacific Society of Sexual Medicine (APSSM). Prof Chiang is widely known in the field of Andrology and the study of aging male in Taiwan and Asia-Pacific area. He has more than hundred and thirty academic papers published in the peer- reviewed journals. Prof Chiang is a frequent guest lecturer at various national and international meetings and conferences.



Prof Nam Cheol Park

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