

**CONSTITUTION OF
SOCIETY FOR MEN'S HEALTH
(SINGAPORE)**

NAME

- 1 This Society shall be known as the "Society for Men's Health (Singapore)", hereinafter referred to as the "Society"

PLACE OF BUSINESS

- 2 Its place of business shall be at 28 Sin Ming Lane, #05-143, Midview City, Singapore 573972 or such other address as may subsequently be decided upon by the Committee and approved by the Registrar of Societies. The Society shall carry out its activities only in places and premises which have the prior written approval from the relevant authorities, where necessary.

OBJECTIVES

- 3.1 Its objectives are:

- a. To help males age well, through continuing research into social, biological and clinical aspects of aging.
- b. To promote a physically and socially active aging male to continue contributing to family and community life, and to society at large.
- c. To create opportunities and rehabilitate aging male and support the vision of a society for all ages.
- d. To provide and promote education concerning aging by the expansion, advancement and dissemination of knowledge concerning all aspects of aging.
- e. To promote positive attitude towards aging and raise public awareness on aging and its consequences.
- f. In furtherance of the above objects, the Society may:
 - i encourage and promote research into all aspects of aging, including, but not limited to, the cause, prevention and cure of disease, and the relief of debility, associated with aging.
 - ii network with local, recreational and regional health authorities, specialists, health care providers, voluntary welfare organisations and non-governmental organizations.
 - iii. establish an "academic" institute for men's health studies.

MEMBERSHIP QUALIFICATION AND RIGHTS

- 4.1 Membership is opened to members of the public including individuals suffering from aging and the consequences of aging.

- 4.2 There shall be four categories of membership. They are as follows:

- a) Honorary Membership
The committee may confer Honorary Membership on individual members of the public, who have made significant contributions to the Society or to society in general. They shall not have the right to vote or the right to hold office in the Society.
- b) Corporate Membership

Corporate Membership shall be opened to anybody corporate or non-corporate. Corporate Members shall be represented in the Society by the highest ranking individual from the body corporate or non-corporate who is available to represent it. If there is a change in representative, a notification in writing shall be forwarded to the Society. Corporate Members have the right to vote and the right to hold office in the Society. The representative shall have the right to vote and the right to hold office in the Society on behalf of the Corporate Member.

c) Individual Membership
Individual Membership shall be opened to individual members of the public, including health care professionals and patients suffering from signs and symptoms of aging. Individual Members have the right to hold office in the Society.

d) Life Membership
Life Membership shall be opened to individual members of the public. They shall have the right to hold office and the right to vote in the Society.

4.3 Only one form of membership to the Society may be held at any one time.

4.4 Persons who are below 18 years of age shall not be accepted as members without the written consent of their parents or guardian.

4.5 Only members who are above 18 years of age shall have the right to vote and the right to hold office in the Society

APPLICATION FOR MEMBERS

5.1 A person wishing to join the Society should submit his particulars to the Secretary on a prescribed form.

5.2 The Committee will decide on the application for membership.

5.3 A copy of the Constitution shall be furnished to every approved member, upon payment of the entrance fee.

ENTRANCES FEES, SUBSCRIPTIONS AND OTHER DUES

6.1 An entrance fee of \$20.00 is payable within two weeks of election to membership, in default of which membership may be cancelled by order of the Committee.

6.2 The entrance fees and subscriptions shall be determined by the General Meeting on recommendation from the Committee from time to time.

6.3 Annual subscription fee should be decided by the EXCO according to the current economic climate and within reasonable boundaries.

6.4 Annual subscriptions are payable in advance within the first month of the year. If a member falls into arrears with his subscription or other dues, he shall be informed immediately by the Treasurer. If he fails to settle his arrears within 4 weeks of their becoming due, the President may order that his name be posted on the Association's notice board and that he be denied the privileges of membership until he settles his account. If he falls into arrears for more than 3 months, he will automatically cease to be a member and the Board may take legal action against him provided that they are satisfied that he has received due notice of his debts.

- 6.5 Any additional fund required for special purposes may only be raised from members with the consent of the general meeting of the members.

SUPREME AUTHORITY AND GENERAL MEETINGS

- 7.1 The supreme authority of the Society is vested in a General Meeting of the members presided over by the President.
- 7.2 An Annual General Meeting shall be held in May.
- 7.3 At other times, an Extraordinary General Meeting must be called by the President on request in writing of not less than 25% of the total voting membership or 30 voting members, whichever is the lesser, and may be called at anytime by order of the Committee. The notice in writing shall be given to the Secretary setting forth the business that is to be transacted. The Extraordinary General Meeting shall be convened within 2 months from receiving this request to convene the Extraordinary General Meeting
- 7.4 If the Committee does not within 2 months after the date of the receipt of the written request proceed to convene an Extraordinary General Meeting, the members who requested for the Extraordinary General Meeting shall convene the Extraordinary General Meeting by giving 10 days' notice to voting members setting forth the business to be transacted.
- 7.5 At least 2 weeks' notice shall be given of an Annual General Meeting and at least 10 days' notice of an Extraordinary General Meeting. Notice of meeting stating the date, time and place of meeting together with the agenda shall be sent by the Secretary to all voting members.
- 7.6 Unless otherwise stated in this Constitution, voting by proxy shall not be allowed at all General Meetings.
- 7.7 The following points will be considered at the Annual General Meeting:
- a) The previous financial year's accounts and annual report of the Committee
 - b) Where applicable, the election of office-bearers and Honorary Auditors for the following term.
- 7.8 Any member who wishes to place an item on the agenda of a General Meeting may do so provided he gives notice to the Secretary one week before the meeting is due to be held.
- 7.9 At least 25% of the total voting membership or 30 voting members, whichever is the lesser, present at a General Meeting shall form a quorum. Proxies shall not be constituted as part of the quorum.
- 7.10 In the event of there being no quorum at the commencement of a General Meeting, the meeting shall be adjourned for half an hour and should the number then present be insufficient to form a quorum, those present shall be considered a quorum, but they shall have no power to amend any of the existing Constitution.

MANAGEMENT AND COMMITTEE

- 8.1 The administration of the Society shall be entrusted to a Committee consisting of the following to be elected at alternate Annual General Meeting:

- A President
- A Vice-President
- A Secretary
- A Treasurer
- 6 Ordinary Committee Members

- 8.2 Names for the above offices shall be proposed and seconded at the Annual General Meeting and election will follow on a simple majority vote of the members. All Office-bearers, except the Treasurer may be re-elected to the same or related post for a consecutive term of office. The term of office of the Committee is 2 years.
- 8.3 Election will be either by show of hands or, subject to the agreement of the majority of the voting members present, by a secret ballot. In the event of a tie, the Chairman of the meeting shall have a casting vote.
- 8.4 A Committee Meeting shall be held at least once every 4 months after giving seven days' notice to Committee Members. The President may call a Committee Meeting at any time by giving 5 days' notice. At least ½ of the Committee Members must be present for its proceedings to be valid.
- 8.5 Any member of the Committee absenting himself from three meetings consecutively without satisfactory explanations shall be deemed to have withdrawn from the Committee and a successor may be co-opted by the Committee to serve until the next Annual General Meeting. Any changes in the Committee shall be notified to the Registrar of Societies and the Commissioner of Charities within two weeks of the change.
- 8.6 The duty of the Committee is to organise and supervise the daily activities of the Society. The Committee may not act contrary to the expressed wishes of the General Meeting without prior reference to it and always remains subordinate to the General Meetings.
- 8.7 The Committee has power to authorise the expenditure of a sum not exceeding \$2,000.00 per month from the Society's funds for the Society's purposes other than recurrent monthly fixed expenses.
- 8.8 The Committee may co-opt up to four members with special skills and expertise to be in the Committee.
- 8.9 The Committee may confer honorary fellowship on persons with exceptional skills and talent, who are able to contribute towards the Society and bring it to greater heights.

DUTIES OF OFFICE-BEARERS

- 9.1 The President shall chair all General and Committee meetings. He shall also represent the Society in its dealings with outside persons.
- 9.2 The Vice-President shall assist the President and deputise for him in his absence.
- 9.3 The Secretary shall keep all records, except financial, of the Society and shall be responsible for their correctness. He will keep minutes of all General and Committee meetings. He shall maintain an up-to-date Register of Members at all times
- 9.4 The Treasurer shall keep all funds and collect and disburse all moneys on behalf of the Society and shall keep an account of all monetary transactions and shall be responsible for their correctness. He is authorised to expend up to \$1,000/- per month for petty expenses

on behalf of the Society. He will not keep more than \$1,000/- in the form of cash and money in excess of this will be deposited in a bank to be named by the Committee. Cheques, etc. for withdrawals from the bank will be signed by the Treasurer and either the President or the Vice-President or the Secretary.

- 9.5 Ordinary Committee Members shall assist in the general administration of the Society and perform duties assigned by the Committee from time to time.

AUDIT AND FINANCIAL YEAR

- 10.1 A firm of Certified Public Accountants shall be appointed as Auditors at each Annual General Meeting for a term of 1 year and shall be eligible for reappointment.
- 10.2 They:
- a) Will be required to audit each year's accounts and present a report upon them to the Annual General Meeting.
 - b) May be required by the President to audit the Society's accounts for any period within their tenure of office at any date and make a report to the Committee.
- 10.3 The financial year shall be from 1st January to 31st December.

TRUSTEES

- 11.1 If the Society at any time acquires any immovable property, such property shall be vested in trustees subject to a declaration of trust.
- 11.2 The trustees of the Society shall:
- a) Not be more than 4 and not less than 2 in number.
 - b) Be elected by a General Meeting of members.
 - c) Not effect any sale of mortgage of property without the prior approval of the General Meeting of members.
- 11.3 The office of the trustee shall be vacated:
- a) If the trustee dies or becomes a lunatic or of unsound mind.
 - b) If he is absent from the Republic of Singapore for a period of more than one year.
 - c) If he is guilty of misconduct of such a kind as to render it undesirable that he continues as a trustee.
 - d) If he submits notice of resignation from his trusteeship.
- 11.4 Notice of any proposal to remove a trustee from his trusteeship or to appoint a new trustee to fill a vacancy must be given at least two weeks before the General Meeting at which the proposal is to be discussed. The result of such General Meeting shall then be notified to the Registrar of Societies and the Commissioner of Charities.
- 11.5 The address of each immovable property, name of each trustee and any subsequent change must be notified to the Registrar of Societies and the Commissioner of Charities.

VISITORS AND GUESTS

- 12.1 Visitors and guests may be admitted into the premises of the Society but they shall not be admitted into the privileges of the Society. All visitors and guests shall abide by the Society's rules and regulations.

PROHIBITIONS

- 13.1 Gambling of any kind, excluding the promotion or conduct of a private lottery which has been permitted under the Private Lotteries Act Cap 250, is forbidden on the Association's premises. The introduction of materials for gambling or drug taking and of bad characters into the premises is prohibited.
- 13.2 The funds of the Society shall not be used to pay the fines of members who have been convicted in court of law.
- 13.3 Society shall not engage in any trade union activity as defined in any written law relating to trade union's activity for the time being in force in Singapore.
- 13.4 The Society shall not attempt to restrict or interfere with trade or make directly or indirectly any recommendation to, any arrangement with its members which have the purpose or is likely to have the effect of fixing or controlling the price or any discount, allowance or rebate relating to any goods or service which adversely affect consumer interests.
- 13.5 The Society shall not indulge in any political activity or allow its funds and/or premises to be used for political purposes.
- 13.6 The Society shall not hold any lottery, whether confined to its members or not, in the name of the Society or its office-bearers, Committee or members unless with the prior approval of the relevant authorities.
- 13.7 The Society shall not raise funds from the public for whatever purposes without the prior approval in writing of the Head, Licensing Division, Singapore Police Force and other relevant authorities.

AMENDMENTS TO CONSTITUTION

14. No alteration or addition/deletion to this Constitution shall be made except at a general meeting and with the consent of two-thirds of the voting members present at the General Meeting, and they shall not come into force without the prior sanction of the Registrar of Societies and the Commissioner of Charities.

INTERPRETATION

15. In the event of any question or matter pertaining to day-to-day administration which is not expressly provided for in this Constitution, the Committee shall have the power to use their own discretion. The decision of the Committee shall be final unless it is reversed at a General Meeting of members.

DISPUTES

16. In the event of any dispute arising amongst members, they shall attempt to resolve the matter at an Extraordinary General Meeting in accordance with this Constitution. Should the members fail to resolve the matter, they may bring the matter to a court of law for settlement.

DISSOLUTION

- 17.1 The Society shall not be dissolved, except with the consent of not less than $\frac{3}{5}$ of the total voting membership of the Society for the time being resident in Singapore expressed, either in person or by proxy, at a General Meeting convened for the purpose.
- 17.2 In the event of the Society being dissolved as provided above, all debits and liabilities legally incurred on behalf of the Society shall be fully discharged, and the remaining funds will be donated to an approved charity or charities in Singapore which are registered under the Charities Act.
- 17.3 A Certificate of Dissolution shall be given within seven days of the dissolution to the Registrar of Societies and the Commissioner of Charities.