

SOCIETY FOR MEN'S HEALTH, SINGAPORE (SMHS)

Public Forum

Free Talk!
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REGISTRATION

To register, SMS to 9070 9763 with the following format:
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DETAILS

Date: **15 Feb 2015, Sunday**

Time: **3.00PM – 5.00PM**

Venue: **Tan Tock Seng Hospital, Main Block, Level 1, Conference Room 1**

Programme

2.30pm	Registration
3.00pm	Welcome Address by A/Prof Colin Teo (SMHS President)
3.15pm	Intro to Laughter Yoga by Dr Martha Lee (Clinical Sexologist, Eros Coaching Pte. Ltd.) Laughter is a unique exercise routine. The concept of Laughter Yoga is based on a scientific fact that the body cannot differentiate between fake and real laughter. One gets the same biological and psychological benefits. Join us for this session and enjoy a hearty laughter before we get down to serious business in the next topic on Shockwave Therapy for ED.
3.45pm	A possible cure for Erectile Dysfunction – Shockwave Therapy by Prof Peter Lim (SMHS Ex Officio, Founder and Immediate Past President) Low-intensity Shockwave Therapy (LiSWT) is the latest development in the treatment of ED. It is simple, safe and pain-free, and provides rapid and effective results. Attend this public forum to find out how LiSWT can improve ED.
4:30pm	Questions & Answers by Dr Simon Chong & Dr Ronny Tan
5.00pm	End

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