

Speaker's Biography



Dr Patrick GOH
Specialist Sports Physician
Sports Medicine International

Dr Patrick Goh, a sports medicine specialist in private practice, trained in Singapore and the USA. He is a fellow of the Academy of Medicine (Singapore) and current chairman of its Sports Medicine Section. He is a member of the JCST Sports Medicine Sub-speciality Training Committee, and its former chairman. A clinician for 34 years, he served as Team Singapore's physician to many Olympic, commonwealth and regional games.

During the mid-nineties, he pioneered musculoskeletal ultrasound as a bedside tool for soft tissue evaluation and intervention. In 1998, he was the first in Singapore to study ultrasound-guided Extracorporeal Shock-Wave Therapy (ESWT) for musculoskeletal injuries. His work was presented at the 2000 ISMST congress in Naples, and he has since spoken on ESWT at numerous meetings, including the 2017 ISMST congress in Spain. His current practice incorporates ESWT applications from tendon to bone treatments, using both hand-held and imaging guided systems.