

Organised By:



# Singapore Men's Health Seminar 2012

Tan Tock Seng Hospital

24 November 2012

2.30pm – 5.30pm




Over 190 participants attended this inaugural Singapore Men's Health Seminar 2012




President of the Society for Men's Health Singapore (Prof Peter LIM) opened the event and welcomed everyone to the seminar with his usual candid & entertaining opening speech.

Our distinguished panel of speakers delivering their presentations on various topics relating to Men's Health



Dr Simon Chong, Consultant at Tock Seng Hospital spoke about Men's Sexual Health




Dr Jaspal Singh, Consultant at Tock Seng Hospital addressed the participants on Men's Mental Health




Mr Ray Loh, Exercise Physiologist with the Tan Tock Seng Hospital gave tips on How to Regain & Maintain Your Fitness



Dr Chong Kian Tai, Consultant at Tock Seng Hospital spoke on Treatment of Early & Advanced Prostate Cancer

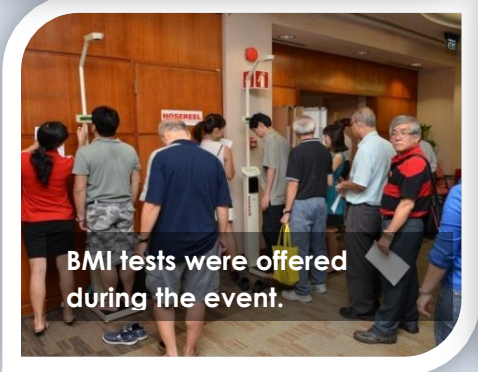


Local Celebrity, Mr Bernard Tan, shared his journey in overcoming Testosterone Deficiency Syndrome.



LifeCoach, Mr Kenny Toh motivated all with his presentation on Winning the Game of Life

If you would like to be updated or invited to future events by the Society, please contact us @ [smh@globewerks.com](mailto:smh@globewerks.com)



BMI tests were offered during the event.



Couples who attended found the event educational, engaging & entertaining.