

Post Event Report on the Certificate Course on Practical Andrology 2012

(6 CME Points)

21 and 22 July 2012
Changi General Hospital
Singapore

Course Director:

Professor Peter HC LIM
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Gleneagles Hospital, Singapore
Visiting Consultant, Department of Urology,
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Course Convenor:

Dr Kok Kit NG
Consultant Urologist
Changi General Hospital, Singapore

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INTRODUCTION

The Certificate Course for Practical Andrology was held from 21-22 July at the Changi General Hospital. The course was conducted over 1½ by various guest speakers, covering a spectrum of Andrology topics. With over 60 participants participated island wide, the course concentrated on various issues concerning men's health such as, the latest in sexual dysfunction, including the advances in the treatment of erectile dysfunction and the exciting new treatments for premature ejaculation.

The objective of the course is to bring the field of andrology to generalists and specialists interested in men's health. As the field of andrology is rapidly progressing with new modalities and treatment, the doctor on the ground will want to be updated on the latest developments. This is especially so in the age when men are living longer and they are becoming increasingly concerned with issues of quality of life.

With over 60 participants participated island wide, the course concentrated on various issues concerning men's health such as, the latest in sexual dysfunction, including the advances in the treatment of erectile dysfunction and the exciting new treatments for premature ejaculation. The latest research in penile augmentation and peyronie's disease were touched upon. The condition of late onset hypogonadism or andropause and the safety of Testosterone Replacement Therapy were also part of the programme. There were discussions on various diseases of the male genitalia, and this acted as a revision on conditions like sexually transmitted diseases and peyronie's disease. As many men with sexual dysfunction also have urinary problems, we explored the relationship between the two, and discuss about the optimal treatment of both.

This workshop provided not only didactic lectures, but also workshop and case studies which had certainly provoked thinking and applications.

Organising Committee

Role	Salutation	Last Name	First Name	Institution
Course Director	Prof	Lim	Peter	Gleneagles Hospital
Course Convenor	Dr	Ng	Kok Kit	Changi General Hospital

REGISTRATION

The course was attended by a total of 50 over doctors and specialists coming from across the island.

PROGRAMME/SPEAKERS

Salutation	Last Name	First Name	Institution
Dr	Gan	Tek Kah	Singapore Men's Health Clinic
Dr	Kwok	Colin	Changi General Hospital
Dr	Lim	Kok Bin	Raffles Hospital
Prof	Lim	Peter	Gleneagles Hospital
Dr	Martha	Lee	Eros Coaching
Dr	Ng	Kok Kit	Changi General Hospital
Dr	Tan	Carol	Raffles Hospital
Dr	Teo	Colin	Khoo Teck Puat Hospital

CME submission

The course was awarded a total of 6 CME points.

Day 1, Saturday 21 July 2012

TIME	PROGRAMME	SPEAKER
1.00 pm	Opening Address	Dr Lee Chien Earn, CEO Changi General Hospital
1.10 pm	Why Men's Health?	Dr Ng Kok Kit, Changi General Hospital
1.30 pm	What are the Therapies Available for Benign Prostatic Hyperplasia?	
2.00 pm	How Do I Assess a Patient with Erectile Dysfunction?	Dr Gan Tek Kah Singapore Men's Health Clinic
2.30 pm	Tea Break	
3.00 pm	What is Available for Treatment of Erectile Dysfunction?	Dr Lim Kok Bin, Raffles Hospital
3.30 pm	What is the Link Between Benign Prostatic Hyperplasia and Erectile Dysfunction?	
4.00 pm	Workshop and Case Study	Dr Ng Kok Kit, Changi General Hospital
5.00 pm	End of Day 1	

Day 2, Sunday 22 July 2012

TIME	PROGRAMME	SPEAKER
8.00 am	Is My Patient Andropausal?	Dr Colin Teo, Khoo Teck Puat Hospital
8.30 am	How do I Give Testosterone Replacement Therapy?	
9.00 am	How do I Monitor Testosterone Replacement Therapy?	
9.30 am	Tea Break	
10.00 am	Jumping the Gun – Premature Ejaculation	Prof Peter Lim, Gleneagles Hospital
10.30 am	Pharmaceutical Therapy for Premature Ejaculation	
11.30 am	Female Sexual Dysfunction	
12.00 pm	Lunch	
1.00 pm	Eros Sexuality Coaching	Dr Martha Lee, Eros Coaching
1.30 pm	Let's Get Practical	
2.30 pm	The Rash on the Penis – Is It STD?	Dr Colin Kwok, Changi General Hospital
3.00 pm	Tea Break	
3.30 pm	Penile Aesthetics – Penile Augmentation Procedures	Prof Peter Lim, Gleneagles Hospital
4.00 pm	Sex in the Elderly	Dr Carol Tan, Raffles Hospital
4.30 pm	A Primer on Male Infertility	Dr Lim Kok Bin, Raffles Hospital
5.00 pm	Putting It Straight – Management of Peyronie's Disease	
5.30 pm	Closing Address	Dr Ng Kok Kit, Changi General Hospital
6.00 pm	End of Day 2	