

3rd Announcement

THE THIRD JAPAN-ASEAN MEN'S HEALTH & AGING C O N F E R E N C E

THE NEW AGE MAN

www.MensHealthConference2008.com

1 - 3 DECEMBER 2008
GRAND COPTHORNE WATERFRONT HOTEL
SINGAPORE

Organised by:



International College of Surgeons



Singapore Urological Association

Supported by:



Ministry of Health
Singapore



SINGAPORE EXHIBITION
& CONVENTION BUREAU

UNIQUELY
Singapore

CONTENTS

2008 Organising Committee	pg2
Foreword	pg3
Welcome Messages	pg4 - pg8
Programme at a Glance	pg9
Scientific Programme Day One	pg10 - pg11
Scientific Programme Day Two	pg12 - pg13
Scientific Programme Day Three	pg13 - pg14
Pre-conference Workshops	pg15
Public Forum/Workshop Synopsis	pg17 - pg24
Venue and Hotel Information	pg25
Registration Form	pg26
Call for Abstracts	pg27
Acknowledgements	pg28

The Third Japan-ASEAN Men's Health Conference 2008

Organising Committee

Organised by:

Society for Men's Health (Singapore)
Singapore Urological Association
International College of Surgeons

Sponsored by:

Ministry of Health, Singapore

Supported by:

Andrology Forum of India
Changi General Hospital
Society of the Study of Andrology and Sexology of Singapore
Society for Continence (Singapore)
Taiwan Society for Aesthetic Medicine
The Taiwan Academy of Anti- Aging Medicine
The Society for Healthy Aging Research & Education (The SHARE Group), Hong Kong
University of Queensland, Australia
National University Hospital, Singapore

Founding Presidents & Advisors

Prof. Akihiko Okuyama
Prof. Dato' Dr. Tan Hui Meng

International Advisor

Prof. Mikio Namiki

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Prof. Apichat Kongkhanand
Prof. Krissada Ratana-Oran
Dr. Chrik Jenn Ng

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Foreword



Men's health is commonly referred to in present day writing as an emerging discipline. This is somewhat paradoxical as the health status and development of a population should be that of women, children and men *pari passu*.

Health indicators for men in Singapore and elsewhere would seem to suggest a disadvantage for men. There is wide acceptance that such poorer statistics for men cannot be accounted for by biological factors alone and the psychosocial make-up of men and their environment are relevant factors to consider. The theme of the Conference is "The New Age Man". Issues that impact men in the present age shall be explored in the Conference because an appreciation of these issues shall provide the foundation on which men shall enter the new age.

As in other developed countries, the focus of health promotion in Singapore is now on the major noncommunicable diseases such as cancer, coronary heart diseases, strokes, diabetes, hypertension and injuries. Furthermore, having one of the fastest aging populations in Asia and with increased life expectancy, it is imperative that effort be made to contain these ailments to limit the morbidity and disability that are more common among the elderly. Issues such as the metabolic syndrome and how other chronic diseases affect men will be discussed because these are a cause of premature death in men as well as of disability among them. Other health problems pertinent to men such as ejaculatory disorders, prostate health and male urological cancers will also be updated.

Psychosocial issues impact patterns of disease and death rates. This is increasingly recognised. Such is of particular relevance with regards to men. While the environment in which they grew up in, study, work and play impact their health, there are health problems which are associated with their behaviour. This in turn determines the health risks that men face and also their attitudes to health and healthcare.

Men enter old age carrying with them the damage - if one may call it that - which is a consequence of inattention to health in youth. Consequently, there is a concern over funds needed to pay for their health care in old age as well as that of their partners who may have some illnesses themselves. The financial health of the aging man will be discussed in the meeting.

Attention to men's health does not mean neglecting women and child health issues. As breadwinners and fathers, premature deaths of men have left behind widows and orphans. Often they are not well provided for because of the very possible but sadly unexpected death of the man in the family. Besides, women are often the carers of sick men and this burden does impact the quality of life of women. Therefore, it is to the interest of all that men's health be improved. In respect of this, women's perspectives of men's health shall be presented.

The approach to men's health needs to be holistic not only embracing medical and social science but also policy. No less important than policy is education, for knowledge will provide a rational basis to build strategies to solve problems. The conference will thus look at education of health personnel in men's health through structured training.

This Conference taps on the expertise of local doctors to present their experience. Populations in neighbouring countries are also important because of cultural and economic links and experts from these countries will add to the breadth and depth of the issues to be discussed.

At the conclusion of the Congress, it is hoped that men's health would have taken yet another step forward.

A handwritten signature in black ink that reads "SHTeoh".

DR SENG HIN TEOH
Co-Chairman, Scientific Committee

Message from Founding Presidents & Advisors of the Third Japan-ASEAN Men's Health Conference 2008

It gives us great pleasure to welcome you to The Third Japan-ASEAN Men's Health & Aging Conference. With the success of our inaugural Conference held in Malaysia in 2005, we are pleased to announce that this year you will be expecting to attend a Conference staged on an international front.

Many countries in the ASEAN region, including Japan, are currently facing serious problems in dealing with the rocketing numbers of their graying population. This problem will be further aggravated when the country is not yet ready to properly accommodate an aging population. Hence, it is paramount for ASEAN countries to start preparing all the necessary facilities, lest it becomes a huge burden, both for the government as well as society in general.

Recent advances in medical technology and socioeconomic conditions have raised the life expectancy of men from a regional average of 65 years to between 70 years and 80 years of age. The United Nations projects by 2050, the proportion of people above 60 will exceed for the first time the proportion of children below 15 years of age, and 13 countries will have proportions greater than 10 percent of the most elderly (aged above 80) in their population. Southeast Asia will not be spared from this phenomenon.

At this Conference, we will not only pursue further our discussion revolving men's health issues, we will also attempt to look at how men's health and aging issues are managed in ASEAN, especially Japan – a country whose population has the longest life expectancy in the world. I am confident that this Conference is expected to be interesting, and delegates will gain a lot from the Japanese experience in men's health and aging.

The scientific programme has been designed to cover a well-rounded range of topics. The series of plenary lectures and symposia will give us a comprehensive look at the experience of our peers, providing an insight into the best of current research in the field. We will have with us an international faculty of experts to lead discussions, share knowledge and experiences, as well as provide varied perspectives in particular from ASEAN and Japan.

This Conference will offer an outstanding and tremendously promising platform for the exchange of knowledge and information, but also provide a closer cultural and social understanding between Japan and the ASEAN countries. Internationally acclaimed speakers from all parts of the world have been invited to deliver these prestigious lectures, or to participate and lead in these special symposia and workshops.

Last but not least, this Conference, we believe, will be a good opportunity to network among colleagues in the region and around the world. It is indeed a splendid experience to have you as part of this global learning initiative, especially in this contemporary field of Men's Health and Aging.

We look forward to meeting each and every one of you at the Conference.



A handwritten signature in black ink, appearing to read 'Tan Hui Meng'.

PROFESSOR DATO' DR TAN HUI MENG
Chairman



A handwritten signature in black ink, appearing to read 'Akihiko Okuyama'.

PROFESSOR AKIHIKO OKUYAMA
Founding President/Advisor

Message from the Ambassador



Dear Registrant from Japan and ASEAN member countries,

My Heartiest Congratulations to the organisers of this very important event!

I would also like to extend a warm welcome to all Japanese and ASEAN participants of the JAPAN-ASEAN CONGRESS ON MEN'S HEALTH 28-29 NOV – 3 DEC 2008, a medical congress targeted at the increasingly important realm of Men's Health.

The challenges and issues posed by men's health is a looming problem in Japan and other rapidly developing regions of Asia especially among ASEAN member countries.

Women's health is fairly well developed and women are particularly well looked after in our current well-women clinical services.

Whereas for men, there are less well developed services as their medical problems differ from that of women in many ways.

Current medical treatments are more "disease targeted" and fail to understand that very different approaches of preventive and therapeutic solutions are needed to deal with manifestation in men.

With the increasing number (the increasing economic and social burden) of men living longer in Japan, and I understand, also in Singapore, as well as other fast developing ASEAN countries, this Congress is timely for Japan-Asean cooperation in terms of information-sharing and cross-country training.

The added JAPANESE MEDICAL EQUIPMENT, MEDICINES AND HEALTHCARE PRODUCTS EXHIBITION held in conjunction with this JAPAN-ASEAN CONGRESS is partly to promote medical cooperation between Japan and Singapore.

It is also to promote Japanese medical products and services to participating Singapore and ASEAN medical caregivers, policy makers and doctors.

The exhibition will showcase Japanese excellence in the medical field and will provide potential business opportunities to the budding healthcare industry in ASEAN and Asia.

I would strongly encourage Japanese and doctors from the ASEAN and pharmaceutical supplies manufacturers to take part in this bold cooperative venture between our nations to improve the health of men in this part of the world!

Welcome to Singapore!

Ambassador Makoto Yamanaka (Singapore)

Message from Congress President



On behalf of my Committee I would like to take this opportunity to welcome all of you to The Third Japan-ASEAN Men's Health & Aging Conference - an extravaganza on the latest updates on the issues pertaining to men's health.

The Institute for Men's Health (Singapore) - a subsidiary of the Society for Men's Health (Singapore) will be launched during this Congress to provide training, education and the development of initiatives and guidelines for medical practitioners, nurses, allied health care counsellors, educators and teachers in schools, colleges, and universities in this region. Additionally, university accredited certificate courses, diplomas and even masters degrees will be offered by this Institute for various grades of allied health care workers or educators. Upon accreditation, holders of these qualifications can apply for Associate Membership, Membership, Diplomate Membership or the Fellowship of the Institute based on different levels of qualification.

In particular our ASEAN and Japanese experiences and successful approaches to managing the Aging Male, the prevention of Degenerative Diseases and Cardiovascular Diseases, Cancers in Men, Andrology, Erectile Dysfunction, the Metabolic Syndrome, the practice of Positive Aging, the Endocrinology of Aging, Male Infertility, implications of Cosmetic Surgery for men and the Economics of looking after the aging male by health care providers in Asia will be addressed.

I am glad to note that we have received wholehearted support for our Congress from the Ministry of Health, Singapore; International College of Surgeons, Indian Andrology Forum, The Society of the Study of Andrology and Sexology of Singapore, The Society for Healthy Aging Research & Education (the SHARE Group), Hong Kong; The Taiwan Society for Anti-Aging Medicine, and many more.

In closing, I would also like to urge you to take time off to taste the sights and sounds of Singapore, and if time permits, visit the famous tourist spots in Singapore.

With that, I wish you all a great time in Singapore.

A handwritten signature in black ink, which appears to read "Lim Peter H C". The signature is written in a cursive style with a horizontal line underneath.

PROFESSOR PETER H C LIM
Congress President

Message from President of Singapore Urological Association



Dear Medical Colleague

In recent years, the increase in spending on “wellness” programmes, health spas, aesthetic medicine and the like has risen at three times the rate of traditional medical expenditure in Europe. This trend is likely to be repeated in Singapore. Why?

The answer lies in the accountant’s definition of health – “Good health is the one before the zeros; remove the one and all you have is zero”. Affluence cannot be fully enjoyed without good health. Therefore as societies grow in affluence, people will seek solutions, however transient, which enhance their sense of physical and psychological well-being.

This is a remarkable opportunity for the medical profession to practice preventive medicine. Neither innovation nor increased capacity of medical services can match the explosive increase of many potentially preventable diseases. What better way to utilize limited health care resources than to prevent disease? Rather than ponder whether this is a legitimate arena for practitioners of the healing arts, we should grasp this opportunity to practice opportunistic screening and preventive medicine to ensure, through our much deeper knowledge of medicine that the healthy complexion of a patient is more than skin deep.

This conference, conducted by experts from many different fields, will bring you up to speed on important advances in Male Wellness. Can you afford to miss it? I think not.

Looking forward to meeting you,

A handwritten signature in black ink that reads "E Kesavan". The signature is fluid and cursive.

**E Kesavan FRCSEd FRCSG FAMS(Urol) MD
President
Singapore Urological Association**

Message from World President-Elect of the International College of Surgeons



It is with great pleasure that I write this message on behalf of the International College of Surgeons, a world body of surgeons from over 100 countries distributed worldwide, including United States, India, Philippines, Japan, Australia, Europe and Singapore, to name a few. It is very timely to have such a Conference on Men's Health and Aging as it is now common knowledge that the male is living longer and the population in many countries is greying further.

The educational value of this Conference looks superlative, judging from the wide range of varying pertinent topics, which will be presented during the meeting. The Conference will be of tremendous value for both the medical and allied professions as well as the general public. Prof. Peter Lim and his Organising Committee are to be congratulated for the development of such an excellent Conference. As World President Elect of the International College of Surgeons, I wish this Conference every success.

A handwritten signature in black ink, appearing to read 'C. Chen', written over a light blue horizontal line.

PROF. CHRISTOPHER CHEN
World President-Elect
International College of Surgeons

Programme at a Glance

29 November	30 November	1 December	2 December	3 December
07:00-08:00 Registration	07:00-08:00 Registration	07:00-08:00 Registration	07:00-08:00 Registration	07:00-08:00 Registration
09:00-17:00 Pre-conference Workshops Changi General Hospital, Singapore	09:00-17:00 Pre-conference Workshops Changi General Hospital, Singapore	08:00-12:35 Opening Ceremony Keynote Speech Plenary Lectures	08:00-12:30 Plenary Lectures Symposia	08:00-12:00 Plenary Lectures Symposia
		12:35-13:35 Lunch Symposium	12:30-14:00 Lunch Symposium	12:00-13:30 Lunch Symposium
13:35-18:15 Plenary Lectures Symposia		14:00-16:00 Plenary Lectures Symposia	13:30-16:00 Plenary Lectures Symposia	
18:15-21:30 Evening City Tour		19:00-22:00 Congress Dinner		
08:30-11:00 Public Forum Tan Tock Seng Hospital, Singapore				

Scientific Programme Day One - 1st December 2008

1st Dec (Monday)		
AM	Plenary 1	
08:00 – 08:30	The State of Men's Health in Singapore <i>Dr. Carol Tan-Goh</i> <i>Senior Consultant Geriatrician</i> <i>Ambulatory Geriatric Service</i> <i>K. K. Women's and Children's Hospital</i> <i>Singapore</i>	
AM	Plenary 2	
08:30 – 09:00	Metabolic syndrome in Men <i>A/Prof Tai E Shyong</i> <i>The NUS-GIS Centre for Molecular Epidemiology</i> <i>Department of Community, Occupational and Family Medicine</i> <i>National University of Singapore</i>	
09:00 – 09:55	Opening Ceremony 09:00 - 09:05 Arrival of Guests 09:05 - 09:10 Welcome Address by Dr Ho Siew Hong, Organising Chairman 09:10 - 09:20 Address by Professor Peter Lim, Congress Chairman, President, International College of Surgeons, Singapore Section, President, Society for Mens Health 09:20 - 09:40 Address by Prof Siegfred Meryn, President International Society for Mens Health & Gender Promotion for Men's Health – Advocacy or Common Sense? 09:40 - 09:50 Address by Prof K Satku, Director of Medical Services, Republic of Singapore 09:50 - 09:55 DMS Officiates the Opening of Congress	
09:55 – 10:10	Tea Break	
10:10 – 10:30	Keynote Speech - "Men's Health in the New Age - Men's Health – Past, Present & Future" <i>Dato Prof Dr Tan Hui Meng</i> <i>Adjunct Professor</i> <i>University of Malaya</i> <i>Past President of APSSM, Co-Founder of the Japan ASEAN Men's Health and Aging Conference</i>	
10:30 – 11:00	Special Address - Premature Ejaculation <i>Prof Siegfred Meryn</i> <i>President</i> <i>International Society of Men's Health & Gender</i> <i>Austria</i>	
AM	Symposium 1 – Chronic Medical Problems and Men	Symposium 2 – Cancers in Men (Sponsored by AstraZeneca Pte Ltd)
11:00 – 12:30	Recent Advances in the Management of Patients with Ischemic Heart Disease <i>A/Prof Mak Koon Hou</i> <i>Consultant Cardiologist</i> <i>Gleneagles Medical Centre</i> <i>Singapore</i> Obesity and Diabetes Mellitus <i>Dr Tham Kwang Wei</i> <i>Consultant Endocrinologist</i> <i>Director of Obesity Unit</i> <i>Singapore General Hospital</i> <i>Singapore</i> Testosterone Its not all about Sex <i>Prof Farid Saad</i> <i>Honorary Professor</i> <i>Hang Tuah University</i> <i>Indonesia</i>	Prostate Cancer among Asian Men - Treatment Updates <i>Prof Mikio Namiki</i> <i>Professor & Chairman</i> <i>Department of Integrative Cancer Therapy & Urology</i> <i>Kanazawa University Graduate School of Medical Science</i> <i>Japan</i> Prostate & Bladder Cancer - Lessons for Living <i>Prof Kesavan Esuvaranathan</i> <i>President</i> <i>Singapore Urological Association</i> Advanced Prostate Cancer in Asia - Updates on Palliative Therapy <i>Speaker: TBC</i> Are Cancers More Common in Men? - Epidemiology & Screening <i>Prof Khoo Ee Ming</i> <i>Professor, Department of Primary Care Medicine</i> <i>Faculty of Medicine, University of Malaya</i> <i>Malaysia</i>

12:30 – 14:00	Lunch Symposium - Erectile Dysfunction, Testosterone, and Underlying Conditions (Sponsored by Bayer Schering Pharma) <i>Prof Farid Saad, Germany</i> <i>Prof Michael Zitzmann, Germany</i> <i>Prof Abdulmageed Traish, USA</i> <i>Prof Aksam Yassin, Germany</i>	
PM	Symposium 3: Men and Injuries	Symposium 4: Urological Problems in Men
14:00 – 15:30	<p>Sports Injuries <i>Dr Tan Jee Lim</i> <i>Consultant Orthopaedic Sports Surgeon</i> <i>JL Sports Medicine & Surgery</i> <i>Gleneagles Medical Centre</i> <i>Singapore</i></p> <p>Non Illness Related Premature Death & Disabilities in Men <i>Prof Goh Lee Gan</i> <i>Senior Consultant</i> <i>Associate Professor of Family Medicine</i> <i>National University of Singapore</i> <i>Singapore</i></p> <p>Workplace Injuries and Safety <i>Prof Goh Lee Gan</i> <i>Senior Consultant</i> <i>Associate Professor of Family Medicine</i> <i>National University of Singapore</i> <i>Singapore</i></p>	<p>Managing the Aging Prostate <i>Dr Ng Foo Cheong</i> <i>Consultant Urologist</i> <i>Department of Urology</i> <i>Changi General Hospital, Singapore</i></p> <p>Incontinence in Aging Male Incontinence from Overactive Bladder <i>Dr Toh Khai Lee</i> <i>Consultant Urologist</i> <i>Tan Tock Seng Hospital, Singapore</i></p> <p>Incontinence from BPH <i>Dr David Consigliere</i> <i>Consultant Urologist</i> <i>National University Hospital, Singapore</i></p> <p>Post-Surgical Incontinence <i>Prof Apichat Kongkhanand</i> <i>Consultant Urologist</i> <i>Chulalongkorn University</i> <i>Thailand</i></p>
15:30 – 15:45	Tea Break	
PM	Plenary 3	
15:45 – 16:15	Big boy don't cry: What makes a man <i>A/Prof Chirk-Jenn Ng</i> <i>Associate Professor of Primary Care Medicine, Faculty of Medicine</i> <i>University of Malaya</i> <i>Malaysia</i>	
PM	Plenary 4	
16:15 – 16:45	Men, Marriage and Divorce <i>Dr Maliki Osman</i> <i>Parliamentary Secretary</i> <i>Ministry of National Development</i> <i>Singapore</i>	
PM	Symposium 5 – Mental Health Issues and Men	Symposium 6 – Men In Society
16:45 – 18:15	<p>Men are from Mars <i>Dr Ang Yong Guan</i> <i>Consultant</i> <i>Mount Elizabeth Hospital, Singapore</i></p> <p>Homosexuality: From a Social Perspective <i>A/Prof Chirk-Jenn Ng</i> <i>Associate Professor of Primary Care Medicine,</i> <i>Faculty of Medicine, University of Malaya</i> <i>Malaysia</i></p> <p>Risk factors and genetics of suicide <i>Dr Tan Ene Choo</i> <i>Principal Scientific Officer</i> <i>K K Research Centre</i> <i>K K Women's and Children's Hospital, Singapore</i></p> <p>Substance abuse and Men <i>Dr Muni Winslow</i> <i>Head of Addiction Unit</i> <i>Consultant</i> <i>Institute of Mental Health, Singapore</i></p>	<p>Men and Violence <i>Dr Sudha Nair</i> <i>Department of Social Work</i> <i>National University of Singapore</i> <i>Singapore</i></p> <p>Women's Perspectives on Men's Health <i>Dr Balasubramanian Srilatha</i> <i>Department of Obstetrics & Gynaecology</i> <i>Yong Loo Lin School of Medicine</i> <i>National University of Singapore</i> <i>Singapore</i></p> <p>Crime and Men <i>Mr Subhas Anandan</i> <i>Senior Consultant, Criminal Law</i> <i>Khattar Wong & Partners</i> <i>Singapore</i></p>

Scientific Programme Day Two - 2nd December 2008

2nd Dec (Tuesday)		
AM	Plenary 5	
08:00 – 08:30	Low Birth Rates, Men and Reproduction <i>Prof P Ganesan Adaikan</i> <i>Department of Obstetrics and Gynaecology,</i> <i>National University of Singapore</i> <i>Founder, Society for the Study of Andrology and Sexology Singapore (SSASS)</i> <i>Past President, International Society for Sexual Medicine (ISSM)</i>	
AM	Symposium 7 – Male Reproductive Health	Symposium 8 – Assessing Men's Health - Where Are We?
08:30 – 10:00	Genes and Male Reproduction <i>Prof Yong Eu Leong</i> <i>Professor of Obstetrics and Gynaecology</i> <i>Department of Obstetrics and Gynaecology</i> <i>National University Hospital</i> <i>Singapore</i> The Seminal Analysis – What criteria? <i>Ms Angela Ho</i> <i>Senior Embryologist</i> <i>Centre for Assisted Reproduction Pte Ltd</i> Treatment of Male Reproductive failure <i>Assoc Prof George Lee</i> <i>Consultant Urologist</i> <i>University of Malaya</i> <i>Malaysia</i>	Laboratory Assessment of Testosterone and Thresholds for Androgen Deficiency <i>Prof Farid Saad</i> <i>Honorary Professor</i> <i>Hang Tuah University</i> <i>Indonesia</i> Assessing Age-Related Metabolic and Hormonal Changes Laboratory assessment <i>Dr Wong Moh Sim</i> <i>Senior Consultant, Laboratory Medicine</i> <i>Alexandra Hospital</i> <i>Singapore</i> Salivary hormone testing – Testosterone and Other Hormones <i>Prof Aw Tar Choon</i> <i>Senior Consultant, Laboratory Medicine</i> <i>Changi General Hospital</i> <i>Singapore</i>
10:00 – 10:30	Tea Break	
AM	Plenary 6	
10:30 – 11:00	Andropause – Clinical Reality or Business Opportunity <i>Prof Louis Gooren</i> <i>Professor of Endocrinology</i> <i>Vrije University of Amsterdam</i> <i>The Netherlands</i>	
AM	Symposium 9 - Endocrine Changes and the Aging Man	
11:00 – 12:30	Somatotroph axis and “Somatopause” <i>Dr J J Mukherjee</i> <i>Senior Consultant Endocrinologist</i> <i>National University Hospital</i> <i>Singapore</i> Adrenal steroid axis and “Adrenopause” <i>Prof C Rajasoorya</i> <i>Senior Consultant</i> <i>Department of Medicine</i> <i>Alexandra Hospital</i> <i>Singapore</i> Appetite Regulation in the Elderly <i>Dr Richard Chen</i> <i>Consultant Endocrinologist</i> <i>Changi General Hospital</i> <i>Singapore</i>	Free Papers and Posters Presentations
12:30 – 14:00	Lunch Symposium	

PM	Symposium 10 - Management of aging in Men	
14:00 – 16:00	<p>Recent Advances in the Treatment of Hypogonadism <i>Prof Louis Gooren</i> <i>Professor of Endocrinology</i> <i>Vrije University of Amsterdam, The Netherlands</i></p> <p>Male Osteoporosis <i>Dr Leonard Koh</i> <i>Consultant Endocrinologist</i> <i>Gleneagles Medical Centre, Singapore</i></p> <p>Nutrition and Aging: What works? <i>Dr Christopher Lien</i> <i>Consultant Geriatrician</i> <i>Changi General Hospital, Singapore</i></p> <p>Exercise prescriptions for aging individuals <i>Dr Benedict Tan</i> <i>Senior Consultant & Head</i> <i>Sports Medicine</i> <i>Changi General Hospital, Singapore</i></p> <p>Articular Cartilage Regeneration with Stem Cells <i>Dr Saw Khay Yong</i> <i>Consultant Orthopaedic Surgeon (Orthopaedic Sports Medicine), Gleneagles Intan Medical Centre</i> <i>Kuala Lumpur, Malaysia</i></p>	Free Papers and Posters Presentations
16:00 – 16:30	Tea Break	
19:00 – 22:00	Congress Dinner	

Scientific Programme Day Three - 3rd December 2008

3rd Dec (Wednesday)		
AM	Plenary 7	
08:00 – 08:30	<p>Journal of Men's Health and International Society of Men's Health Lecture The Global Case for Action: Acknowledging Poverty as a Determinant of Men's Health <i>Dr April M W Young</i> <i>Collins Center for Public Policy</i> <i>USA</i></p>	
AM	Symposium 11 – Men's Health and Aging	Symposium 12 – Ejaculatory Disorders
08:30 – 10:00	<p>What Does Retirement Hold for the Aging Man? <i>Prof Akihiko Okuyama</i> <i>Professor & Chairman</i> <i>Department of Urology</i> <i>Osaka University Graduate School of Medicine</i> <i>Japan</i></p> <p>Socio-Economic Implications of Men's Health in Singapore <i>Dr Kanwaljit Soin</i> <i>President of Women's Initiative for Aging</i> <i>Successfully (WINGS), Singapore</i></p>	<p>Psychological Co-relates of Ejaculatory Disorders <i>Prof Calvin Fones</i> <i>Consultant Psychiatrist</i> <i>Gleneagles Medical Centre, Singapore</i></p>

10:00 – 10:30	Tea Break	
AM	Symposium 13 – Sexually Transmitted Infections in Men	Symposium 14 – International College of Surgeons Lecture - Approach to Men's Health
10:30 – 12:00	<p>Epidemiology of STIs in Men <i>Dr Martin T W Chio</i> <i>Consultant Dermatologist</i> <i>National Skin Centre</i> <i>Singapore</i></p> <p>The Burden of HIV/AIDS <i>Dr Asok Kurup</i> <i>Consultant</i> <i>Infectious Diseases Unit</i> <i>Department of Internal Medicine</i> <i>Singapore General Hospital</i> <i>Singapore</i></p> <p>Strategies in Control of STIs/HIV in Men <i>Dr Roy Chan</i> <i>Director</i> <i>National Skin Centre</i> <i>Singapore</i></p>	<p>Structured Training & Certification in Andrology & Men's Health <i>Prof Peter H C Lim</i> <i>Adjunct Professor (Men's Health)</i> <i>Edith Cowan University, Australia</i> <i>President, Society for Men's Health</i> <i>President, The International College Of Surgeons (Singapore Section)</i> <i>Singapore</i></p> <p>Aging male symptom Score Different Scores for Different Cultures? <i>Prof Y Kumamoto</i> <i>President of Society for Study of Aging Male</i> <i>Japan</i></p>
12:00 – 13:30	Lunch Symposium - New Approaches to Erectile Dysfunction- The ROAD to SATISFACTION! (Sponsored by Pfizer Singapore) <i>Dr Rosie King, Australia</i>	
PM	Plenary 8	
13:30 – 14:00	<p>The Management of Anti-Aging Medicine -Eight Year's experience in Taiwan <i>Dr Peter Shih-Bin Pan</i> <i>Chairman</i> <i>The Taiwan Academy of Anti-Aging Medicine</i> <i>Taiwan</i></p>	
PM	Symposium 15 – Complementary and Alternative Medicine in Men's Health	Symposium 16 – Asia Pacific Society of Sexual Medicine (APSSM) Symposium on ED – A Review of Treatment Options
14:00 – 15:30	<p>TCM and Men's Health <i>Dr Swee Yong Peng,</i> <i>Centre for East West Medicine</i> <i>Paragon Medical</i> <i>Singapore</i></p> <p>Good Agronomic Practices for Herbs (EYSGAP-H) Certification Scheme <i>Dr Patrick Loh</i> <i>Senior Vice President (R&D)</i> <i>Eu Yan Sang International</i></p> <p>Herbals in the Treatment of Male Sexual Dysfunction & Male Aging <i>Prof Arif Adimeolia</i> <i>Chair</i> <i>Centre for the Study and Services for "Men's Health"</i> <i>Hang Tuah University-Naval Hospital Dr. Ramelan</i> <i>Surabaya, Indonesia</i></p>	<p><i>Chair: Prof P Ganesan Adaikan</i> <i>Department of Obstetrics and Gynaecology,</i> <i>National University of Singapore</i> <i>Founder, Society for the Study of Andrology and Sexology Singapore (SSASS)</i> <i>Past President, International Society for Sexual Medicine (ISSM)</i></p> <p><i>Participants:</i> <i>Prof Chiang Han Sun</i> <i>President</i> <i>Asia Pacific Society of Sexual Medicine</i></p> <p><i>Prof Nam Cheol Park</i> <i>Secretary General</i> <i>Asia Pacific Society of Sexual Medicine</i></p> <p><i>Prof Abdulmaged M. Traish</i> <i>Professor of Biochemistry</i> <i>Boston University School of Medicine</i> <i>USA</i></p>
15:30 – 16:00	Tea Break	

Pre-conference Workshops (Venue: Changi General Hospital except for Workshop 5 & 9)

29th Nov (Saturday)	Workshop 1
09:00 – 17:00	Positive Aging for Men - Separating Fact from Fiction Chairpersons: • Dr. Ronald Tan, President, Society for Healthy Aging Research & Education (the SHARE Group), Hong Kong • Prof. Louis Gooren, Professor of Endocrinology, Vrije University of Amsterdam, Holland
	Workshop 2
09:00 – 17:00	Advanced Implant Reconstructive Dentistry in the Aesthetic Zone Chairperson: Dr. Wong Keng Mun
	Workshop 3
09:00 – 17:00	GP and Traditional Chinese Medicine Chairperson: Dr. Swee Yong Peng
	Workshop 4
09:00 – 17:00	Andrology Workshop – Certificate Course in Medical and Surgical Andrology Chairperson: Dr. Vasani SS, President, Andrology Forum of India
09:00 – 17:00	Workshop 5
	Faecal Incontinence Workshop (Venue: National University Hospital Auditorium) Chairperson: Dr. Jennifer Liauw Joo Yen, Consultant Colorectal Surgeon, Department of Colorectal Surgery, National University Hospital

30th Nov (Sunday)	Workshop 6
09:00 – 17:00	Semenology Workshop Chairperson: Dr. Suresh Katera, Embryologist
	Workshop 7
09:00 – 17:00	Aesthetic Medicine Workshop Chairperson: Dr. Lee Su Lan, President, Aesthetic Medicine Society of Singapore
	Workshop 8
09:00 – 17:00	Sexual Counseling Workshop Chairpersons: Dr. Ng Kok Kit, Consultant, Department of Urology, General Changi Hospital Dr. Tan Bin Seng, Chairman, Sub-Committee, Planned Parenthood Association of Singapore
	Workshop 9
09:00 – 17:00	Urodynamics & Urinary Incontinence Workshop (Venue: National University Hospital Auditorium) Chairperson: Dr. David Consigliere, Consultant Urologist, National University Hospital, Singapore

Public Forum and Exhibition

28th - 29th Nov (Friday - Saturday)	Public Exhibition (Venue: Tan Tock Seng Hospital Atrium)
09:00 – 17:00	An Exhibition of products and services related to Men's Health
29th (Saturday)	Public Forum (Venue: Tan Tock Seng Hospital, Conference Room 1 & 2)
09:00 – 12:00	<p>Supplementation and Health <i>Chairpersons:</i> <ul style="list-style-type: none"> • Prof. Peter H C Lim • Dr. Peter Chew </p> <p>Synopsis The objective of this forum is to address issues that revolve around sexual wellness in aging men and women. <ul style="list-style-type: none"> • Sexual problems of aging male • Female sexual wellness around menopause • Sexual counseling: Is it necessary? </p> <p>Topics:</p> <ol style="list-style-type: none"> 1) A man's obsession: pills to make me more powerful <ul style="list-style-type: none"> - Supplementation for men <i>Speaker: Dr Gan Tek Kah</i> <i>Singapore Men's Health Clinic</i> 2) It's tough being a woman, how do I smoothen the journey? <ul style="list-style-type: none"> - Supplementation for women <i>Speaker: Dr Teoh Seng Hin</i> <i>SH Teoh Clinic & Surgery for Women</i> 3) Yin-yang, beyond ginseng and bird's nest <ul style="list-style-type: none"> - Use of traditional chinese medicine in health <i>Speaker: Dr Swee Yong Peng</i> <i>Centre for East West Medicine</i> 4) Avoiding the dreaded big "C". <ul style="list-style-type: none"> - Supplementation and cancer prevention <i>Speaker: Dr Ng Chee Kwan</i> <i>Urology Dept, Tan Tock Seng Hospital</i> 5) Love trek: the next generation <ul style="list-style-type: none"> - Supplementation in fertility problems <i>Speaker: Dr Peter Chew</i> <i>Peter Chew Clinic for Women, Gleneagles Hospital</i> 6) Beauty In A Bottle <ul style="list-style-type: none"> - Enhancing your looks with supplements! <i>Speaker: Dr Lam Bee Lan</i> <i>Society of Aesthetic Medicine</i>

Congress Social Activities

Speaker's Night:	Sunday, 30th November
Singapore Night Tour:	Monday, 1st December
Congress Dinner:	Tuesday, 2nd December

Workshop Synopsis

Workshop 1: Positive Aging for Men – Separating Fact from Fiction

Chairpersons:

- Dr. Ronald Tan, President, Society for Healthy Aging Research & Education (the SHARE Group), Hong Kong
- Prof. Louis Gooren, Professor of Endocrinology, Vrije University of Amsterdam, Holland

The objective of this Workshop is to offer an in-depth study on the growth and development in managing men's health.

- Growth and development, nutrition, previous childhood, puberty, adolescence, youth, middle age and through the senior years
- New and cutting-edge medical developments impacting on male health
- In-depth discussions on the how-to and latest development in males entering hormonal decline: Adult Male Hormonal Deficiency Syndrome (AMHDS)
- Therapeutic management involving the use of nutrition, nutraceuticals, vitamins, minerals, anti-oxidants, detoxifications, etc.

The workshop is designed for medical practitioners interested in the latest development in men's health.

Programme details to be advised.

Workshop 2: Advanced Implant Reconstructive Dentistry in the Aesthetic Zone

Chairperson: Dr. Wong Keng Mun

The objective of this Workshop is to offer practitioners a broadbased view of the recent principals of advanced implant reconstructive dentistry.

You will find in this workshop:

Part 1: (Lecture)

Patients with severe wear present a challenge for dental practitioners. This workshop will focus on all elements of treatment planning, diagnosis and treatment of patients with wear. The use of dental implants in patients with bruxism and parafunctional habits will also be discussed.

Participants will learn:

- What is a safe occlusion?
- How to know when to alter vertical dimension in wear patient?
- What type of appliances to use for wear patients?
- The use of dental implants in wear patients
- Can we immediate load implants for wear patients?

Part 2: (Clinical demonstration)

"Live" demonstration of implant surgery

- Mastering the use of aesthetic principals
- Rebuilding the aesthetic zone, both aesthetically and functionally, using advanced aesthetic implant concept

This course is designed for practitioners who further explore the fields of aesthetic implant supported reconstruction and the integration of new-age materials.

Programme details to be advised.

Workshop 3: GP and Traditional Chinese Medicine

Chairperson: Dr. Swee Yong Peng

The objective of the Workshop is to provide an overview of the complementary and alternative medicine in men's health.

You will find in this workshop:

- The role of traditional Chinese medicines in men's health
- Methodology in improving men's health
- Herbs that are useful in managing men's health
- The TCM way to preserve men's health
- Acupuncture and acupressure effect on men's health
- The Chinese medicine way to improve men's health
- Chinese emperor way on preserving health - meditation and understanding of qi.
- Acupuncture therapy and demonstration of points for acupuncture for the maintenance of men's health

The workshop is designed for general practitioners who wish to know more about the development in the area of Chinese medicine.

Program

09:00 – 10:00	Introduction to the principles of Chinese Medicine
10:00 – 10:30	Break
10:30 – 12:00	Diagnostics of TCM
12:00 – 13:00	Lunch
13:00 – 14:00	Basic of acupunctures
14:00 – 15:00	Basic of herbs
15:00 – 15:30	Break
15:30 – 17:00	Usage of Western and Chinese medicine

Workshop 4: Andrology Workshop – Certificate Course in Medical and Surgical Andrology

Chairperson: Dr. S S Vasani, President, Andrology Forum of India

The objective of the Workshop is to present an overview of the clinical factors operating in the infertile male.

You will find in this workshop:

- Recent advances in Andrology
- Current standards for semen function test
- Details of advanced sperm function test
- Endocrine evaluation and options in therapy
- Management of obstructive Azoospermia
- Ejaculatory disturbances and fertility
- Possibilities and limitations in drug therapy in male sub-fertility
- Sperm donation, preservation and processing

This workshop is designed for medical professionals who are interested in the development in the area of Andrology.

Program

08:00 – 08:10	Introduction to the workshop - Overview - Objectives of the workshop - Acknowledgements to PLHC
08:10 – 09:00	Subfertile male – Current concepts in Semenology - Laboratory evaluation of the subfertile male - Scope of Andrology Lab services - Minimum evaluation - Semen analysis – minimum requirements - Place for special sperm function tests - Standardisation of reporting

	<ul style="list-style-type: none"> - Information the semen analysis will not give - ART: Whom to chose for ART, and Why
09:00 – 09:30	<p>Endocrinology of Infertility</p> <ol style="list-style-type: none"> 1. Defined endocrine syndromes 2. Endocrine assessment – Indications, methods & timing 3. Endocrine interventions – What helps & what doesn't
09:30 – 10:00	<p>Oligoasthenospermia – Teratospermia</p> <ul style="list-style-type: none"> - Varicocele treatment – new questions - Fertility drugs – Boon, or Bane?
10:00 – 10:30	Discussion & Coffee Break
10:30 – 12:00	<p>Management of Azoospermia</p> <ul style="list-style-type: none"> - Obstructive Azoospermia - Aetiology, Diagnostic algorithm - Non obstructive azoospermia - Aetiology, Diagnostic algorithm - Role of Transrectal US in Male subfertility – Video - Video – Ejaculatory duct incision - Videos <ul style="list-style-type: none"> Microsurgical bypass Vaso-epididymostomy Vaso-vasostomy Sperm retrieval techniques TESE / TESA MESA / PESA <p>Discussion</p>
12:00 – 13:00	<p>Ejaculatory disturbances and fertility</p> <ul style="list-style-type: none"> - Ejaculatory dysfunction - Aetiology, Diagnosis - Fertility solutions in Retrograde Ejaculation - Fertility solutions in Anejaculatory states - Video on Electroejaculation - Q & A - LUNCH
13:45 – 14:00	<p>Semen banking, preservation and processing</p> <p>Donation Ethics, costs, logistics, success rates</p>
14:00 – 14:30	<p>Recent advances in Andrology</p> <ul style="list-style-type: none"> - Environmental / antioxidant etc - Q & A
14:30 – 15:45	<p>Managing ED</p> <ul style="list-style-type: none"> - Erectile dysfunction – recent advances - New mechanisms regulating erection - Different models of ED - New pharmacological targets <p>Systematic v/s Goal-directed management: What's new</p> <ul style="list-style-type: none"> - Pharmacotherapy - ED & Fertility - Managing the refractory ED patient - Q & A - Coffee
16:00 – 17:00	<p>Recent advances</p> <ul style="list-style-type: none"> - Penile colour-doppler sonography for ED evaluation - Vacuum devices, Vibrators - Penile prostheses - What new in Peyronie's disease
17:00 – 18:00	Summary, Conclusion, Feedback (Panel)

Workshop 5: Faecal Incontinence Workshop

Chairperson: Dr. Jennifer Liauw Joo Yen, Consultant Colorectal Surgeon, Department of Colorectal Surgery, National University Hospital

Venue: National University Hospital, Auditorium

Date: 29 Nov 2008, Saturday

You will find in this workshop:

- General overview
 - Normal anatomy and physiology of bowel function
 - Pathophysiology of constipation and faecal incontinence
 - Clinical assessment and investigation of faecal incontinence
 - Assessment of constipation
- Conservative treatment of constipation and faecal incontinence
 - Drug treatment for faecal incontinence
 - Dietary influences in the management of faecal incontinence and constipation
 - Biofeedback in faecal incontinence and constipation
 - Pelvic floor exercises
- Surgical treatment of faecal incontinence and constipation and pelvic organ prolapse
 - Surgical treatment for faecal incontinence
 - Surgical treatment for constipation
 - Pelvic organ prolapse
 - Management of rectocele
- Specialist panel case discussion and Q and A

Program

08:00 – 09:00	Registration
09:00 – 09:30	Anatomy physiology of Normal Bowel Function <i>Dr Jennifer Liauw, Consultant Colorectal Surgeon, NUH</i>
09:30 – 10:00	Functional Bowel Disorders and their pathological basis <i>Dr Wong Kutt Sing, Consultant Colorectal Surgeon, NUH</i>
10:00 – 10:30	Clinical Evaluation of Patients and Functional bowel disorders <i>Dr Cheong Wai Kit, Consultant colorectal surgeon, NUH</i> - faecal incontinence - constipation - rectal prolapse - rectocele
10:30 – 10:50	Morning Break
10:50 – 11:20	Investigation Modalities <i>Dr Aileen Seah, Consultant Colorectal Surgeon, NUH</i>
11:20 – 11:50	Drug treatments for faecal incontinence and constipation (TBC)
11:50 – 12:20	Dietary influences in the management of faecal incontinence and constipation <i>Ms G Wong, Dietitian-AH</i>
12:20 – 12:50	Biofeedback and pelvic floor exercises in the management of functional bowel disorders <i>Cammy Tsai, NUH Physiotherapist</i>
12:50 – 13:50	Lunch Break
13:50 – 14:20	Psychological aspects of bowel care <i>Sister Aziza, Jumiyah nursing home</i>
14:20 – 15:00	Surgical management of faecal incontinence <i>A/Prof Charles Tsang-Cocorecal Surgeon, NUH</i>
15:00 – 15:30	Colorectal surgical approach to the management of constipation, rectal prolapse and rectocele repair <i>A/Prof Dean Koh-Colorectal surgeon, NUH</i>
15:30 – 16:00	Gynaecological approach to the management of rectocele and pelvic organ prolapse <i>Dr James Lee-Consultant Gynaecologist, NUH</i>
16:00 – 16:15	Tea Break
16:15 – 17:20	Case Studies presentation and interactive discussion with expert panel
17:20 – 17:30	Closing Remarks

Workshop 6: Semenology Workshop

Chairperson: Dr. Suresh Katera, Embryologist

You will find in this workshop:

- Lecture- Introduction to semen analysis; importance of strict assessment of sperm morphology
- Demonstration of comprehensive semen analysis
- Hands-on session for participants
- Lecture-The value of sperm function tests in predicting the fertilizing ability of spermatozoa
- Demonstration of sperm function tests
- Sperm Mar test for antisperm antibodies
- Sperm survival test-fertilizing ability of spermatozoa
- Hyaluronon binding assay- for sperm maturity
- Sperm chromatin assay- sperm DNA fragmentation

Infertility affects almost 20% of the population and the incidence is increasing with modern lifestyle. About 40% of all infertility cases, the cause is attributed to a factor in the male and in an additional 30% of cases the cause is attributed to both male and female factors.

Conventional semen analysis is the fundamental indicator of male infertility and still remains the Gold standard. In the late eighties, Kruger introduced strict sperm morphology assessment, which predicted fertilization outcome during IVF. Since then, several tests have been developed to assess sperm function and most of them are not routinely employed. With the introduction of ICSI in early nineties, majority of male infertility has been overcome. However, about 2/3rd of the embryos undergo either pre-implantation or post-implantation mortality which is due to both oocytes and spermatozoa.

Recently, two assays have been developed to assess sperm quality. One is Hyaluronon Binding Assay, which assesses the maturity and function of spermatozoa; the second is Sperm Chromatin Dispersion Test, which detects sperm DNA fragmentation. It has been observed recently that DNA fragmentation occurs in a higher percentage of infertile men particularly in varicocele patients. Oocytes fertilized by DNA fragmented spermatozoa have been shown to result in developmental arrest and fragmentation of embryos.

The semenology workshop includes lectures, demonstrations and hands-on session. During the Semenology wet workshop, we will demonstrate strict method of sperm morphology assessment, Hyaluronon binding assay and Chromatin dispersion test. In addition we will also demonstrate comprehensive semen analysis, Sperm Mar test for antisperm antibodies and also semen freezing. Participants will have the opportunity to practice some of these tests.

Program

09:00	Lecture- Introduction to semen analysis; importance of strict assessment of sperm morphology
09:30	Demonstration of comprehensive semen analysis and semen freezing and simple swim-up method for IUI.
10:30 – 12:30	Hands-on session for participants - Each participant will be provided with samples and materials to perform semen analysis. Semen freezing and sperm swim-up.
12:30	Lunch
14:00	Lecture-The value of sperm function tests in predicting the fertilizing ability of spermatozoa
14:30 – 16:30	Demonstration of sperm function tests a) Sperm Mar test for antisperm antibodies b) Sperm survival test-fertilizing ability of spermatozoa c) Hyaluronon binding assay- for sperm maturity d) Sperm chromatin assay- sperm DNA fragmentation
16:30 – 17:00	Discussion

Workshop 7: Aesthetic Medicine Workshop

Chairperson: Dr. Lee Su Lan, President, Aesthetic Medicine Society of Singapore

You will find in this workshop:

- Didactic Lectures on use of new lasers
- Botulinium toxins, radiofrequency and dermal fillers
- Workshop with hands-on on simple aesthetic procedures
- Presentation on different types of threads available, their applications in the field of aesthetics.
- Live Demonstration - Full face lift
- Introducing Assisted Liposculpture
- Demonstration on Assisted liposculpture

Program

08:45 – 09:00	Registration
09:00 – 09:15	Opening Address - President of SAM <i>Dr Lee Su Lan</i>
09:15 – 09:45	Introduction - Aesthetic Procedures for Men <i>Dr Tan Kok Leong</i>
09:45 – 10:15	Simple Office Facial Rejuvenation Techniques (Botulinium Toxin, Dermal Fillers, Radiofrequency, Lasers) <i>Dr David Loh</i>
10:15 – 10:45	Tea Break + Booth Exhibition
11:45 – 12:00	Simple Office Facial Rejuvenation Techniques (Live Demostration on Botulinium toxin, Fillers, PRP) <i>Dr David Loh, Dr Chew Khek Kah, Dr Tan Kok Leong</i>
12:00 – 12:30	Facial Rejuvenation with Fat Grafting & PRP <i>Dr Gerald Tan</i>
12:30 – 14:00	Lunch
14:00 – 14:30	Liposcupture in Men - Surgical and Non-Surgical Options <i>Dr Chew Khek Kah</i>
14:30 – 15:30	Hair Management - Too Much Hair or Too Little Hair? (Live Demo on hair removal by lasers, SHR, Nuhair) <i>Dr Lam Bee Lan, Dr Shiau Ee Leng</i>
15:30 – 16:00	Special Feature - Hair Transplantation (Featuring the office-based punch hair matic - Video) <i>Dr Tan Kok Leong</i>
16:00 – 16:45	Special Topic - Acne and Scarring Treatment Modalities <i>Dr Vanessa Phua</i>
16:45 – 17:00	Questions And Answers

Workshop 8: Sexual Counseling Workshop

Chairpersons: Dr. Ng Kok Kit, Consultant, Department of Urology, General Changi Hospital
Dr. Tan Bin Seng, Chairman, Sub-Committee, Planned Parenthood Association of Singapore

You will find in this workshop:

- Introduction to Sexual Dysfunction Counselling
- Prevalence of ED and Sexual Disorders in Singapore
- Erectile dysfunction – PDE5 inhibitors and more
- Testosterone and sex – is that all there is?
- Sex and the teens – adolescent sexual counseling
- Out of the closet – homosexuality and lesbianism
- Female Sexual Dysfunction
- Sex and the elderly – sexual health enhancement in senior citizens
- Secrets of the trade – sexual counseling techniques for adult couples
- Too fast, too little – premature ejaculation and retarded ejaculation
- Sexual counseling workshops – break out groups and play acting
- Painful intercourse – treatment of vaginismus
- Psychiatric disorders and sexuality

Program

09:00 – 09:20	Introduction to Sexual Dysfunction Counselling - <i>Prof Calvin Fones</i>
09:20 – 09:40	Prevalence of ED and Sexual Disorders in Singapore - <i>Prof G Adaikan</i>
09:40 – 10:00	Erectile dysfunction – PDE5 inhibitors and more - <i>Dr Jimmy Beng</i>
10:00 – 10:20	Why men buy sex - <i>Prof Peter Lim</i>
10:20 – 10:40	Tea Break
10:40 – 11:00	Video Session – How to have better sex - <i>Dr Tan Bin Seng</i>
11:00 – 11:20	Venogenic ED – does testosterone help? - <i>Prof Traish</i>
11:20 – 11:40	Hormone replacement therapy for man – pitfalls and dangers - <i>Prof Traish</i>
11:40 – 12:00	Psychiatric disorders and sexuality - <i>Dr Ang Yong Guan</i>
12:00 – 13:00	Lunch
13:00 – 13:20	Video Session – Performance Anxiety - <i>Mr John Vijayan</i>
13:20 – 13:40	Ouch! – Injection therapy for ED - <i>Ms Carolyn Earle</i>
13:40 – 14:00	Left to his own devices – vacuum device therapy for men - <i>Ms Carolyn Earle</i>
14:00 – 14:20	Tonic for sex – the role of traditional chinese medicine - <i>Dr Swee Yong Peng</i>
14:20 – 14:40	Tea Break
14:40 – 15:00	Out of the closet – homosexuality and lesbianism - <i>Dr Brian Yeo</i>
15:00 – 15:20	Sex and the teens – adolescent sexual counseling - <i>Dr Brian Yeo</i>
15:20 – 15:40	Too fast, too little – premature ejaculation and retarded ejaculation - <i>Dr Lim Kok Bin</i>
15:40 – 16:00	When life throws a curve ball – Peyronie's disease and its treatment - <i>Dr Lim Kok Bin</i>
16:00 – 16:20	Female Sexual Dysfunction - <i>Dr Jothi Kumar</i>
16:20 – 16:40	Painful intercourse – treatment of vaginismus - <i>Dr Jothi Kumar</i>
16:40 – 17:00	Managing intersex - <i>Prof Louis Gooren</i>

Each speaker will have 15 minutes to speak with 5 minutes of Q & A.

Workshop 9: Urodynamics & Urinary Incontinence Workshop

Chairperson: Dr. David Consigliere, Consultant Urologist, National University Hospital, Singapore

Venue: National University Hospital, Auditorium

Date: 30 Nov 2008, Sunday

You will find in this workshop:

- Functional anatomy and innervation of the urinary tract
- Urodynamics- when and how I do it
- The role of the Urology nurse in the continence programme
- Do males have pelvic floor problems?
- Botox in males?
- Current therapeutic options for male urinary incontinence
- Hands-on UDS/ catheterization sessions

Program

08:00 – 08:30	Registration
08:30 – 08:45	Welcome Address
08:45 – 09:15	Functional Anatomy and Innervation of the Urinary Tract <i>A/Prof Ajay K Singla, USA</i>
09:15 – 09:45	Urodynamics – When and how I do it? <i>Dr Pearllyn Quek, Singapore</i>
09:45 – 10:15	The Role of the Urology Nurse in the Continence Programme <i>NO Tay Lee Hua, Singapore</i>
10:15 – 10:30	Q & A
10:30 – 11:00	Coffee Break
11:00 – 11:30	Do Males have Pelvic Floor Problems? <i>Dr Ho Siew Hong, Singapore</i>
11:30 – 12:00	Botox in male Patients <i>A/Prof Ajay Singla, USA</i>
12:00 – 12:30	Current Therapeutic Options for Male Urinary Incontinence <i>Dr Apichart Kongkhanand</i>
12:30 – 13:00	Q & A
13:00 – 14:00	Lunch
14:00 – 17:00	Hands on UDS/Catheterisation Sessions Faculty: Station 1: Dr Siow Woei Yun/A/Prof A Singla Station 2: NO Chia Hwee Huang Station 3: NO King Foong Meng Station 4: NO Jessie Tan Station 5: NO Tay Lee Hua Facilities: 5 UDS machines – provided by Mr Steven Ho – Radiance Tables for the equipment (NUH) Others: Certificate of attendance

For Workshop updates, please log on to www.MensHealthConference2008.com.

Venue and Hotel Information

The Conference will be held at the Grand Ballroom of Grand Copthorne Waterfront Hotel, to avail a special guest room rate please indicate that you will be attending the “Men’s Health” Conference.

Grand Copthorne Waterfront Hotel Singapore

392 Havelock Road, Singapore 169663

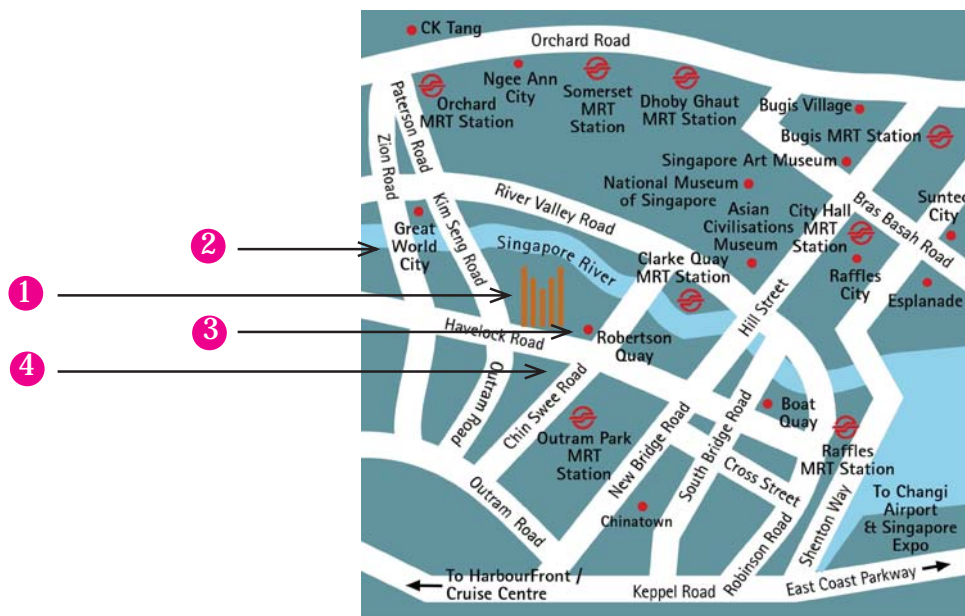
Contact Person: Victor Chin

Contact Number: +65 6233 1016

Email: Victor.Chin@grandcopthorne.com.sg

Website: www.grandcopthorne.com.sg

Room rate: S\$340.00++ per room per night (room only) Breakfast can be arranged at S\$25.00++ per person per day



1 Kim Seng Road (Grand Copthorne Waterfront Hotel)

Bus No From

5 Pasir Ris MRT, Newton MRT
16 Raffles City, Orchard MRT
75 Holland Village, Botanic Garden
175 Lavender MRT, Geyang Lorong 1, Orchard MRT
195 Suntec City, Raffles City
970 Holland Village

to

Tiong Bahru MRT, Bukit Merah MRT
Tiong Bahru MRT, Bukit Merah MRT
Outram Park MRT, Shenton Way, CBD, Suntec City
Clementi Interchange
Tiong Bahru MRT
Outram Park MRT

2 Zion Road (Food Centre)

Bus No From

5 Tiong Bahru MRT, Bukit Merah MRT
16 Tiong Bahru MRT, Bukit Merah MRT
75 Outram Park MRT, Shenton Way, CBD, Suntec City
175 Clementi Interchange
195 Tiong Bahru MRT
970 Outram Park MRT

to

Newton MRT, Pasir Ris MRT
Raffles City, Orchard MRT
Holland Village, Botanic Garden
Orchard MRT, Lavender MRT, Geyang Lorong 1 Terminal
Suntec City, Raffles City
Holland Village

3 Havelock Road (Riverview Hotel)

Bus No From

51 Jurong East, Alexandra
64 Red Hill MRT
123 Bukit Merah
186 Queenstown MRT
608 Bukit Merah

to

Chinatown, Bugis
Little India
Orchard MRT
CBD
CBD

4 Havelock Road (Copthorne King's Hotel)

Bus No From

51 Chinatown, Bugis
64 Little India
123 Orchard MRT
186 CBD
608 CBD

to

Jurong East, Alexandra
Red Hill MRT
Bukit Merah
Queenstown MRT
Bukit Merah

Registration Form

Title: Prof Dr Mr Mrs Ms (please tick appropriate box)

Given name: _____ Family name: _____

I/C or Passport No: _____ Preferred name on badge: _____

Affiliated organisation: _____

Mailing address: _____

Postal code: _____

City: _____ Country: _____

Telephone: _____ Mobile: _____ Fax: _____

E-mail: _____

SMA Member: Yes No If yes, membership number: _____

Dietary requirements (if any): _____

Registration fees (please circle and indicate)

	Normal Registration (From 1st September 2008)	On-site Registration	Amount S\$/US\$ (Please indicate amount)
Doctors (Local)	S\$500.00	S\$600.00	
Doctors (Foreign)	US\$500.00	US\$600.00	
Residents & Trainees (Local)	S\$400.00	S\$500.00	
Residents & Trainees (Foreign)	US\$400.00	US\$500.00	
Allied Healthcare Professionals (Local)	S\$400.00	S\$500.00	
Allied Healthcare Professionals (Foreign)	US\$400.00	US\$500.00	
WS1. Positive Aging For Men – Separating Fact from Fiction	S\$150.00		
WS2. Advanced Implant Reconstructive Dentistry in the Aesthetic Zone	S\$150.00		
WS3. GP and Traditional Chinese Medicine	S\$150.00		
WS4. Andrology Workshop – Certificate Course in Medical and Surgical Andrology	S\$150.00		
WS5. Faecal Incontinence Workshop	S\$150.00		
WS6. Semenology Workshop	S\$150.00		
WS7. Aesthetic Medicine Workshop	S\$150.00		
WS8. Sexual Counseling Workshop	S\$150.00		
WS9. Urodynamics & Urinary Incontinence Workshop	S\$150.00		
Public Forum - Supplementation and Health	S\$5.00		

Payment

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Cancellation Policy

On written request, a refund will be issued, but an administration charge of S\$100 will be subtracted.

No refunds will be made after 26 October 2008.

Call for Abstracts

Abstracts and scientific papers are invited for the Third Japan-ASEAN Men's Health & Aging Conference scheduled to take place on 1st - 3rd December 2008 in Singapore. All abstracts should be in English. The abstract should be completed original work.

Instructions for Authors

Abstract Length: The body of the abstract should be up to 300 words. The abstract should be organised as below:

- A) 1) Introduction with Hypothesis 2) Methods 3) Results
4) Discussion 5) Conclusion
- B) Font should be Times New Roman at a size of 10 points
- C) Title of abstract should be in capital letters
- D) Presenting author's name should be underlined
- E) Presenting author's particulars must be provided as indicated

Presenting Author's Particulars

- Name: Title (Prof / Dr / Mr / Mrs / Ms), given name, family name
- Affiliated organisation
- Mailing address – include postal code, city and country
- Telephone number
- Fax number
- E-mail address

Electronic submissions:

- The Abstract Form can also be downloaded from the Congress website at www.MensHealthConference2008.com
- The Abstract should be in Microsoft Word and sent via e-mail to menshealth@pinghealthcare.com

Notification of Abstract Receipt and Acceptance

All abstracts will be acknowledged within 72 hours of receipt.

Please note that upon acceptance of the abstract, at least one author must be registered for the conference. Authors of abstracts accepted for presentation must be responsible for all expenses incurred in the production of their presentation, travel and accommodation during the Conference.

Abstract Submission Deadline: 1st October 2008

Singapore Urological Association Prize For Best Men's Health/Andrology Paper

The Singapore Urological Association will present an award worth Sing \$ 500 for the best paper in Men's Health/Andrology.

How to Register

Online registration

Online registration is available at the Conference website at www.MensHealthConference2008.com

Post or courier (for cheque or credit card payment)

Complete the Registration Form and/or enclose your cheque and send it (with your cheque payable to Ping Healthcare Pte Ltd) to:

The Third Japan-ASEAN Men's Health & Aging Conference Secretariat
Ping Healthcare Pte Ltd
5 Upper Aljunied Link, #05-05, Quartz Industrial Building, Singapore 367903
Tel: (65) 6778 5620 Fax: (65) 6778 1372

Fax (for credit card payment only)

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Important

- Use one form for each participant. The Registration Form may be photocopied.
- An official receipt and confirmation of registration will be sent to you upon receipt of your Registration Form and clearance of payment.
- Please keep your official receipt and confirmation of registration – these should be produced at the Registration Counter at the Conference to obtain your name tag.
- S\$10.00 will be charged for any changes in the delegate information.

Payment

All fees must be paid in Singapore Dollars by cheque or by Visa or Mastercard. On-site registration may be paid for in cash, which is Singapore Dollars. Relevant bank charges for international cheque payments will apply.

Cancellation policy

1. Written notice of cancellation must be received by the Congress Secretariat by 1st October 2008.
2. An administrative charge of 25% will be deducted from the relevant fee paid.

Acknowledgements

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